



Nurses Hit Home Run at Yankees Game

NewYork-Presbyterian Hospital, the official hospital of the New York Yankees, teamed up with the Yankees on May 11, during National Nurses Week, to honor the extraordinary patient care

provided by New York area nurses. A pregame ceremony recognized the nurses at NewYork-Presbyterian and throughout the metro area.

“The city’s nurses are our own local heroes – a championship team

in their own right – and we wanted to show our heartfelt appreciation for their skills, hard work, dedication, caring and compassion,” said Dr. Pardes.

(Continued on page 4)

You have all been hearing about the challenges hospitals are facing related to health care reform and state and federal budget cuts. Each year there will be further reductions in reimbursement, significantly impacting hospitals and academic medical centers in particular.

There is much uncertainty in the environment but one thing is clear — costs must come out of the health care system nationally, and right here at NewYork-Presbyterian Hospital. As financially sound as we are, the reduction in Medicare and Medicaid funds to our Institution will require that we remove \$150 million from our budget over the next three years.

We will always remain true to our mission of providing an amazing patient experience and delivering the highest-quality, safest, and most compassionate care. But, going forward, we will need to do so more efficiently. At our January Kick-Off, we introduced the HERCULES initiative — Hospital Efficiency, Revenue Cycle, Clinical Utilization, Length of Stay, and Enhanced Sourcing.

Since then, senior management has begun working with staff across our campuses to identify and implement opportunities to reduce costs. Six working groups were established: (1) Length of Stay: evaluates opportunities to streamline patient care processes while ensuring optimum care and timely discharge; (2) Network and Ambulatory Care: focuses on assuring that patients receive care in the most appropriate settings; (3) Indirect Costs: evaluates all expenditures not directly related to patient care; (4) Clinical Resource Optimization: monitors physician practice patterns to ensure standardization whenever possible; (5) Strategic Sourcing: reviews all medical supplies and devices in order to standardize whenever possible; and (6) Revenue Cycle Group: continues to make sure we are accurately paid for the services we provide.

While many of you have already been working with these groups, we want everyone at NYP — physicians, nurses, managers, and staff — to understand the importance of HERCULES and how its various projects relate to your daily work. You will be hearing a lot more about this transformational effort so vital to our future and how you can be part of its success. We need everyone’s help, ideas and support. This will be a major task, but we are a great team, and given all that we have accomplished and our strong commitment to do the best for our patients and their families, we are confident that everyone will pull together to achieve our goal.



Herbert Pardes, M.D.
President and
Chief Executive Officer



Steven J. Corwin, M.D.
Executive Vice President
and Chief Operating Officer

NYP Staff Are Everyday Heroes

How important it is for us to recognize and celebrate our heroes and she-roes!" Maya Angelou, the author and poet, has written. To do just that *NYP* is profiling five of its employees whose actions made a difference in — or even saved — the lives of patients. While doing their jobs, these individuals did more, trusting their instincts, empathizing with patients, and extending themselves in a way that NYP encourages all its employees to do.

Asiyah Trotman

Environmental Services staff member Asiyah Trotman was cleaning a room in NYP/Columbia's Milstein Hospital Building Rehabilitation Unit in preparation for an incoming patient when she smelled something burning. She felt the wall where the bed was plugged in and found it hot to the touch. Thinking quickly, she unplugged the bed and alerted nearby nurses to the heat and odor. The nurses called the Fire Department,

and soon firefighters were on the scene to deal with the threat posed by overheated electrical wires in the wall.

Ms. Trotman's quick thinking and instant actions saved the Rehabilitation Unit's patients from disruption and panic. "She followed all the training on RACE (Rescue, Alarm, Confine, Evacuate)," says Dale Arnold, Director, Environmental Services. "She identified the potential risk, followed all the proper protocols, and averted a fire."



Asiyah Trotman

Scott Strong and Sylvia Farrell

One April evening a large crowd at West 51st Street and Seventh Avenue in Manhattan's Theater District applauded loudly, but not for Broadway stars. Rather they were cheering little Finn Murray Sweeney, who had just been born in the back of a livery cab, and for his parents, the cab driver, the police, and NYP Paramedics Scott Strong and Sylvia Farrell.

Finn's parents, Even Sweeney and Inez Murray, had just made a mad dash from Prospect Heights in Brooklyn on their way to Roosevelt Hospital. Finn made clear he wasn't waiting, however. The cab driver alerted police and paramedics to his impending birth, and six NYPD squad cars and an NYP ambulance caught up with the cab just after Finn made his debut. Paramedics Strong and Farrell cut Finn's umbilical cord and transported him and his mother to Roosevelt.

"He is definitely going to be an adventurer and a New York man," Finn's mother, Even Sweeney, said of her son. "Cops and EMTs were his first friends."

Darren Williams

On duty in NYP/Weill Cornell's Starr Lobby, Security Officer Darren Williams saw a woman walk in unsteadily with her hand on her chest, saying she couldn't breathe. Officer Williams ordered a wheelchair and alerted EMS. As soon as the wheelchair came, "I commandeered an elevator and ran

with her from the Starr Lobby to the East 68th Street Emergency Department," he says. When they arrived the woman was in cardiac arrest.

"I knew I had to get her to the E.D. so they could help her," Officer Williams says. "EMS was on its way, but she couldn't wait. My gut instinct was to get her there."

E.D. staff revived the patient, and "she's fine, from what I understand," Officer Williams says. "I'm just grateful I was in a position to help somebody."

Samuel McGill

Early in his shift in the NYP/Weill Cornell Psych Emergency Department, Security Officer Samuel McGill overheard a patient tell a doctor he had taken an overdose of medicine but refused to say what the medication was or how much he had taken. "I got a little nervous," Officer McGill says, so he moved the patient to a stretcher closer to the Security desk where he could keep an eye on him and checked his pulse.

"At that point I called a nurse and said we had to get him to the medical E.D.," Officer McGill says. He was swiftly transported there, and E.D. staff stabilized him.

According to the nurse, Anna Chin, R.N., "The patient would have died if his pulse hadn't been checked."

"The patient is doing great now," Officer McGill says, adding, "Knowing how to check someone's pulse comes in handy." ■



Scott Strong and Sylvia Farrell



Darren Williams (left) and Samuel McGill

Transplant Recipients, Donor Family Meet

NEED FOR ORGAN DONATION STRESSED

When Julio Cesar Garcia, a 38-year-old pastor from Connecticut, died in the neuro ICU at NewYork-Presbyterian Hospital/Weill Cornell Medical Center on March 18, 2010, he left a lasting legacy — Garcia's organs gave the gift of life to seven recipients, three of whom underwent transplant operations at NYP.

Garcia's widow, Mirtala, and their three children, Kevin, Jeffrey and Brianna, met for the first time on May 11 with the people whose lives were saved by Mr. Garcia's organs — Sebastiao Lourenco, a 56-year-old father of three, who received Mr. Garcia's heart; Jo Ann Laskaris, 68, who received part of his liver; and Thomas Ginz, 66, who received his lung. All three were transplanted at NYP/Columbia.

"Julio said how wonderful it would be if one day someone could have his heart," Mirtala Garcia said at a ceremony held at the headquarters of the New York Organ Donor Network. "He told me that if someone ever got his heart, he hoped that I would be able to meet them. He touched a lot of lives with God's work, and helped a lot of people, and he is still doing it."

"Saving a life is not the typical thing that people do, but what could possibly be better?" said Dr. Pardes at the ceremony. "What Mr. Garcia has done saved so many people and was an act of great courage and even greater generosity. He is very much a hero." ■



(from left) Lung recipient Thomas Ginz, Dr. Pardes, Norma Ginz, and Mirtala Garcia, whose husband's lung Mr. Ginz received in a transplant operation performed by Dr. Frank D'Ovidio at NYP/Columbia.

NYP Ranks Among Best Children's Hospitals

Once again, NewYork-Presbyterian's Morgan Stanley Children's Hospital and Komansky Center for Children's Health, together, is the only tri-state-area hospital listed on the 2011 *U.S. News & World Report* "America's Best Children's Hospitals" Honor Roll.

NYP ranks in all 10 specialties surveyed: Cancer, Cardiology & Heart Surgery, Diabetes & Endocrinology, Gastroenterology, Neonatology, Nephrology, Neurology & Neurosurgery, Orthopedics, Pulmonology and Urology.

NYP ranks among the top 10 (out of 50) in three specialties: Cardiology & Heart Surgery (No. 6), Diabetes & Endocrinology (No. 9) and Neonatology (No. 6). We rank in the top 20 in an additional six specialties: Cancer (No. 17), Gastroenterology (No. 14), Neurology & Neurosurgery (No. 11), Orthopedics (No. 14), Pulmonology (No. 16) and Urology (No. 16).

The full rankings are available at www.usnews.com/childrenshospitals. ■

abc TV Documentary on Homestretch

As completion of the medical documentary being filmed at NYP nears, the filmmakers continue to profile doctors and find exciting new surgeries and compelling patient stories.

"We've had outstanding cooperation from faculty and staff at all the sites and have found it extremely fulfilling to film those at NYP engaged in such meaningful work," says Terrence Wrong, the documentary's producer. "Everyone's continued cooperation will help us showcase the great medicine being practiced at NYP."

Most filming for the documentary is expected to be complete mid-to-late June. ■

Members of the ABC crew, with executive producer Terrence Wrong (seated), review film footage taken at NYP.



Renowned Medical Ethicist Named to New Professorship



Dr. Joseph Fins and Dr. E. William Davis

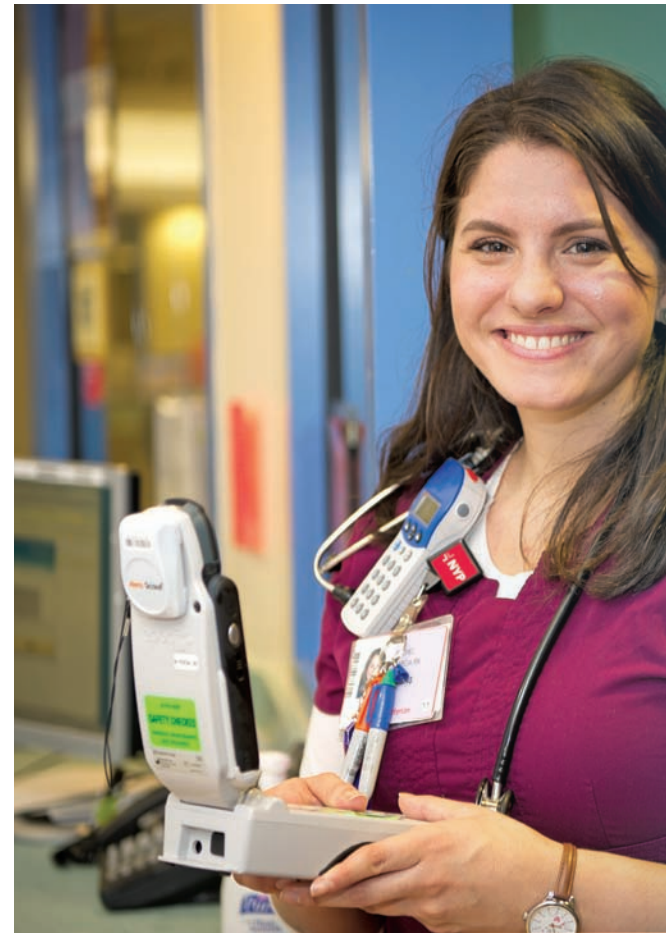
Joseph J. Fins, M.D., Chief of the Division of Medical Ethics at NYP/Weill Cornell and Attending Physician at NYP, was named the first recipient of a newly established professorship at Weill Cornell Medical College — the E. William Davis Jr., M.D., Professor of Medical Ethics. Dr. Fins is an internationally renowned medical ethicist and pioneer in the field of neuroethics and disorders of consciousness. The appointment was announced at a reception at the Griffis Faculty Club April 26.

The professorship was created in honor of Dr. E. William Davis Jr., who was instrumental in the founding of the Hospital's Ethics Committee in 1994 when Dr. Fins was named as its founding chair. Dr. Davis served as Professor of Clinical Obstetrics and Gynecology at the Medical College and is currently Vice President for Medical Affairs Emeritus at NYP. ■



NYP Nurses From All Walks of Life United for Best Patient Experience

Some are 40-year veterans, others are just starting out. Some always knew they wanted to be nurses, others entered the profession after other careers. However they found their way to nursing, a common thread connects all NYP nurses – the passion they bring to their work. Here, six NYP nurses – all from very different backgrounds – discuss the profession they see as more of a calling than a job. ■



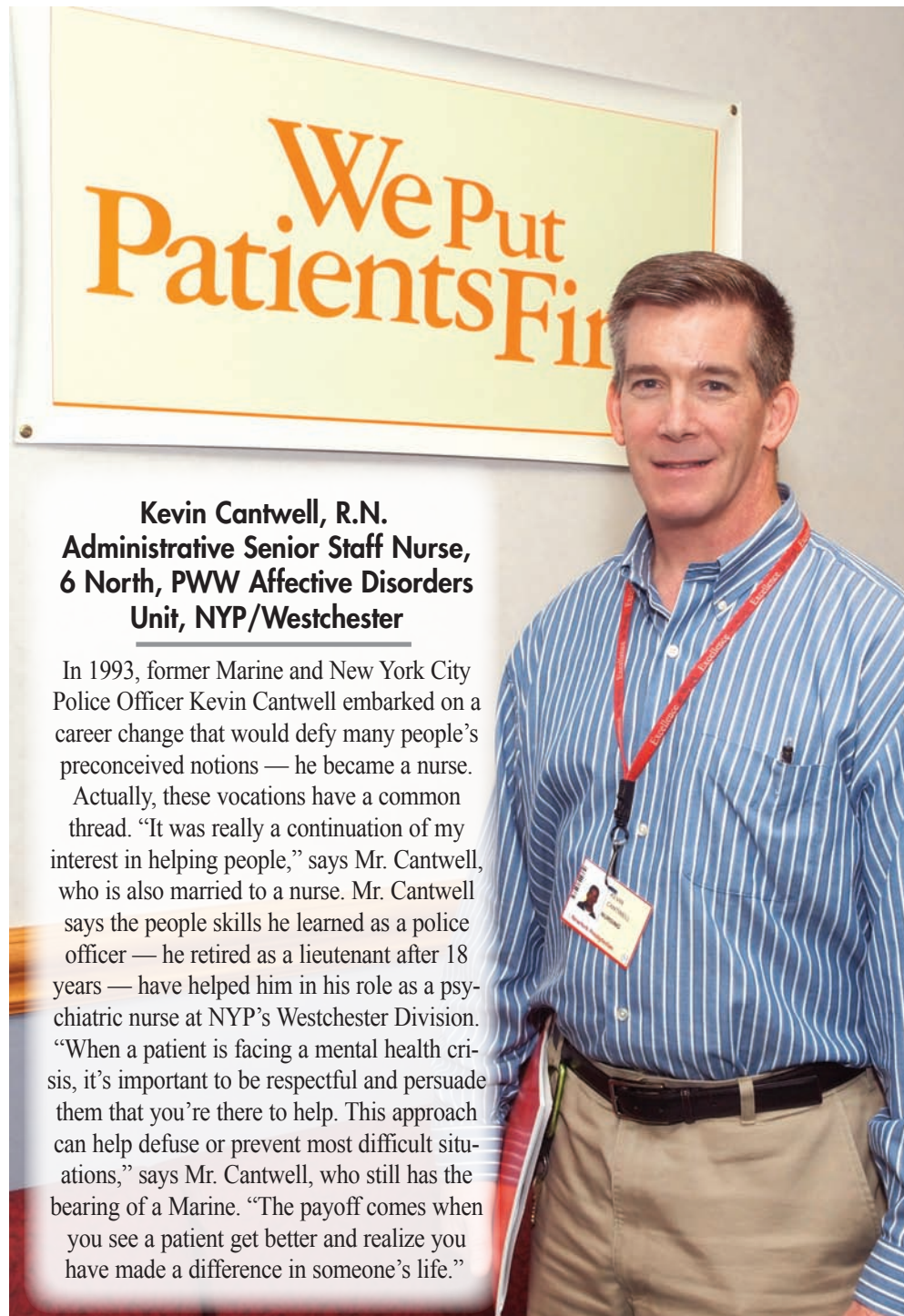
**Dianna Smith, M.S.N., R.N., B.C.,
Milstein 5 Garden South, NYP/Columbia**

Family tradition led Dianna Smith to her current role as Patient Care Director in Milstein’s cardiac unit. “My family has always been in health care,” she says, ticking off a mother who is a retired psychiatric nurse, a sister who is a nurse consultant, a father who is a retired OR technician and, farther back, a great-grandmother who was a midwife.

During her 25-year career, Ms. Smith has always worked in critical care, dealing with trauma, neurosurgery, cardiac surgery and medicine. Today she has 24-hour responsibility for patients with cardiac medical issues in a 36-bed unit and leads a staff of 51 (including 39 nurses). “I try to see that our patients and their families receive quality care,” she says, “and to see that staff have the proper education and scheduling so they can provide it.”

That staff is the source of her greatest satisfaction. “It’s most rewarding when they feel competent to care for difficult patients and let me know about it, when they tell me what their success is,” she says. “And then the patient’s family thank me for the staff member.”

Before she came to NYP five years ago, Ms. Smith earned nursing degrees from Wagner College and Hunter College as well as specialty certifications.



**Kevin Cantwell, R.N.
Administrative Senior Staff Nurse,
6 North, PWW Affective Disorders
Unit, NYP/Westchester**

In 1993, former Marine and New York City Police Officer Kevin Cantwell embarked on a career change that would defy many people’s preconceived notions — he became a nurse.

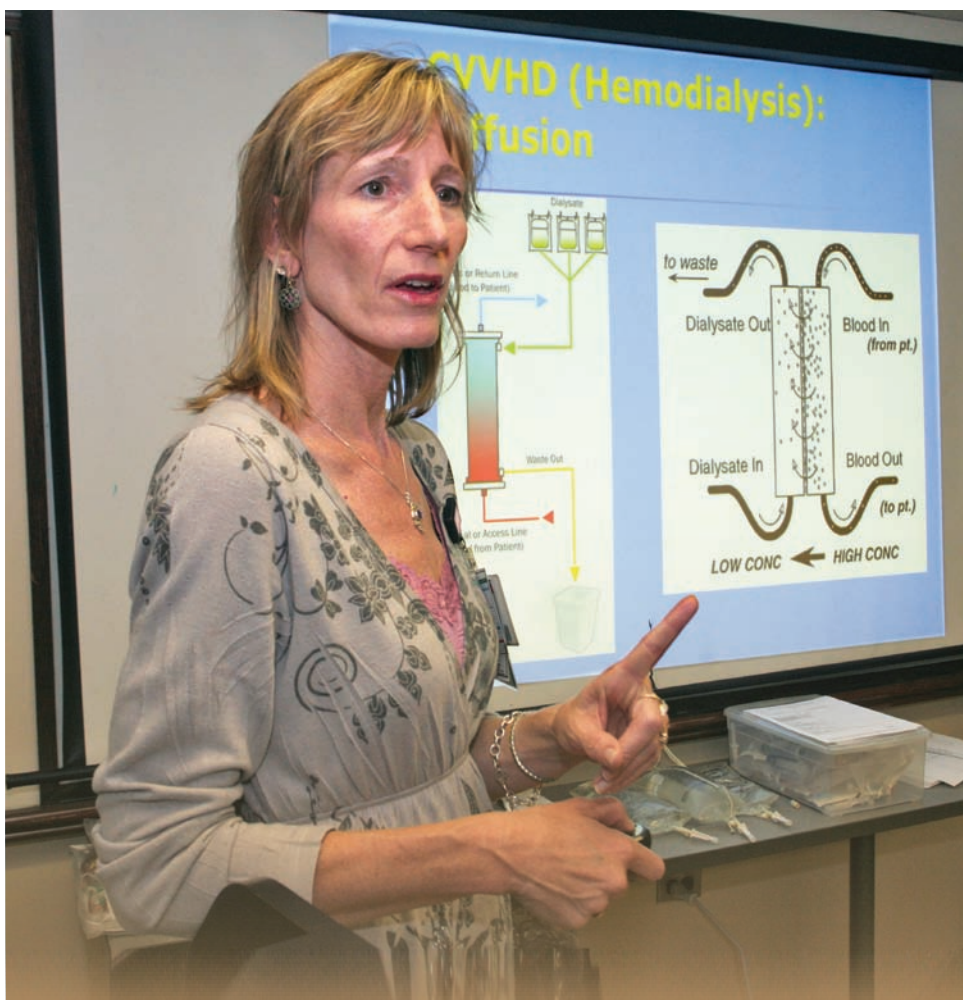
Actually, these vocations have a common thread. “It was really a continuation of my interest in helping people,” says Mr. Cantwell, who is also married to a nurse. Mr. Cantwell says the people skills he learned as a police officer — he retired as a lieutenant after 18 years — have helped him in his role as a psychiatric nurse at NYP’s Westchester Division. “When a patient is facing a mental health crisis, it’s important to be respectful and persuade them that you’re there to help. This approach can help defuse or prevent most difficult situations,” says Mr. Cantwell, who still has the bearing of a Marine. “The payoff comes when you see a patient get better and realize you have made a difference in someone’s life.”

**Rachel Garcia, R.N., C.N.1
Pediatric Cardiac ICU, MSCHONY**

Rachel Garcia began her career as a teacher but knew nursing is where she would end up. She has always had a strong desire to help those who were most vulnerable, and to her, that means both the patient and his or her family. “It has been so rewarding developing special relationships with my patients and their families,” says Ms. Garcia, who became a nurse in 2009 and has been at NYP since then. “I like doing whatever I can to make things a little better and easier for them.” Though she has just begun her nursing career, Ms. Garcia envisions a future where nursing takes her all over the world, not only meeting new people and seeing new places, but also having the opportunity to help people wherever she goes.

**Karl Cabagnot, R.N., C.N.1
Step-down Unit, NYP/Allen**

When Karl Cabagnot was 8 years old, he moved with his family from the Philippines to New York. His mother — Anecita Cabagnot — had been recruited to work in the newly opened NYP/Allen Hospital. Growing up, he was surrounded by stories from the medical field. His father is a physician, and he has many aunts and uncles in nursing. Mr. Cabagnot remembers hearing his mother’s stories about the patients she cared for. Today, following in his mother’s footsteps, Mr. Cabagnot has worked nights at NYP/Allen since 2009. His mother works the day shift now, and the two see each other twice every day as one or the other punches out. “I can’t mess up because everyone knows my mom,” Mr. Cabagnot says, adding, “It’s so gratifying when you see a patient transform from sickness into health and they remember you and what you’ve done for them.”



**Holly Macklay, R.N., M.A.
Nursing Education Clinical Instructor for Burn Unit, NYP/Weill Cornell**

Holly Macklay, like many of us, has her mother to thank. It was Ms. Macklay’s mother who suggested she go into nursing, a decision that has yielded an almost 30-year career — and, coincidentally, a happy marriage. Ms. Macklay, who came to NYP in 1984, for her first job as a nurse, met her husband, Andrew Greenway, who also was a nurse on the Burn Unit. Both are still there. Ms. Macklay, now a clinical instructor, says, “I love seeing new nurses who start out as novices and watching them turn into confident and experienced professionals who feel so rewarded by caring for patients.” Even now as a teacher, Ms. Macklay says it warms her heart to see patients come back and thank the nursing staff for their hard work.



**Sylvia Gonzalez, R.N., C.N.1
Audubon Clinic, Ambulatory Care Network**

NYP has always figured largely in Sylvia Gonzalez’s life. Raised in the South Bronx, Sylvia Gonzalez often accompanied family members to NYP to serve as their translator. Her daughter was born here prematurely at 25 weeks (she is now 28) and her mother underwent heart surgery here. This May, she is celebrating 40 years in nursing, all of it spent at NYP. Motivated by a desire to give back to her community and thanks to training offered through the Hospital, she became a licensed practical nurse, then an R.N. Today, Ms. Gonzalez cares for women with complex pregnancies. She also serves on the board of the New York chapter of the National Association of Hispanic Nurses, where she mentors nursing students in the Washington Heights community and all over the New York metro area, encouraging them to get a nursing degree. “We’re there for them emotionally and help them get scholarships,” she says. Despite her own plans for retirement, Ms. Gonzalez is pursuing a B.S. in Nursing.

Nurses Receive Kudos All Around Town



(from left) Wilhelmina Manzano, M.A., R.N., Senior Vice President and Chief Nursing Officer, with Linda DeWolfe, R.N., Anna Vaca, R.N., and Jeffrey Hammond, R.N., were welcomed onto the field during a May 11 pregame ceremony. With the NYP team was Yankee second baseman Robinson Cano. A short video of firefighter-patient Matt Long, crediting Ms. Vaca for saving his life, was shown before the ceremony.



NYP nurses finished up festivities for National Nurses Week with an appearance on the "Today" show. The nurses gathered with signs and good spirits early on the morning of May 13, where they were recognized by co-anchor Al Roker.

Awards and Honors

Nursing Leader Recognized

New York University's College of Nursing honored **Lori Armstrong**, M.S.N., R.N., in April with its Preceptor Award for Nursing Administration. Ms. Armstrong is Vice President, Nursing and Patient Care Services, at Morgan Stanley Children's Hospital. She also mentors graduate nursing students in NYU's master's degree program.

NYU nursing school leaders thanked her for her involvement with and outstanding dedication to NYU students and for her "generosity of time, expertise and commitment to advanced nursing practice."



NYP Committed to Green

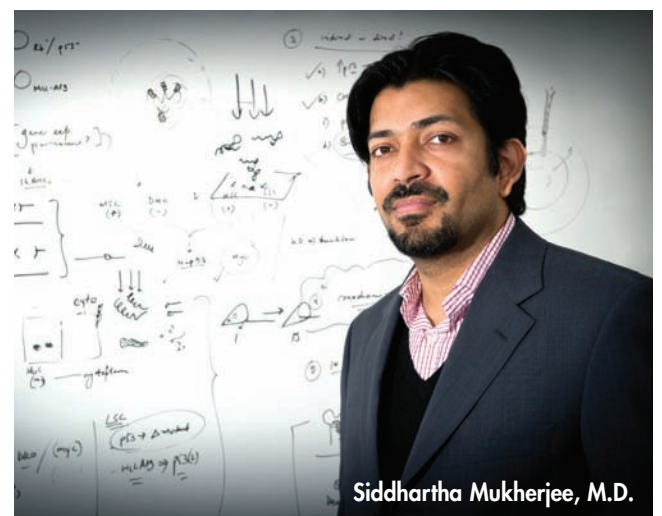
For the sixth time, NYP has won an Energy Star award from the U.S. Environmental Protection Agency (EPA). The award recognizes the Hospital's efforts to reduce greenhouse gas emissions through energy efficiency.

The Energy Star Award for Sustained Excellence in Energy Management, the EPA's highest Energy Star honor, was given to NYP at an April 12 ceremony in Washington, D.C. NYP is the only hospital in the U.S. to receive six Energy Star awards, and this year it was the only hospital in the Northeast to receive one.

"I am very proud that NewYork-Presbyterian has once again been recognized for our continuing commitment to improving energy efficiency — an investment in the future that benefits our patients, the environment and our bottom line," Dr. Pardes said.

NYP Physician Wins Pulitzer

Siddhartha Mukherjee, M.D., Attending Physician at NYP/Columbia, won a Pulitzer Prize April 18 for his book, *The Emperor of All Maladies*. Billed as "a biography of cancer," the bestseller, which won in the category of general nonfiction, traces the first appearance of the disease thousands of years ago to modern times. Dr. Mukherjee's book and award have received media attention nationally and internationally.



Siddhartha Mukherjee, M.D.

you work in the city, why not live in the city?



NewYork-Presbyterian offers housing options at both NYP/Weill Cornell and NYP/Columbia that meet each employee's needs at ideal locations. All housing is located near Hospital campuses, offering both convenience and affordability.

You can find all this at NewYork-Presbyterian, so commute less, enjoy more and live more.

For more information, look at the NYP housing website at www.nyprealestate.com; e-mail nyphousing@nyp.org; or call (212) 746-1968 at NYP/WeillCornell or (212) 305-2014 at NYP/Columbia.



COMPLIANCE HELPLINE

To report fraud or violations of NYP's Code of Conduct, call the Compliance Helpline at (888) 308-4435.

Anonymous calls are accepted.

calendar



- **June 4** — Incarnation School in Washington Heights will celebrate its 100th anniversary. Incarnation graduates, many of whom work at NYP, can learn more about the centennial celebration by contacting Phoebe Quin at (212) 795-1030, ext. 222, or at development@incarnationnyc.org.
- **June 5** — Walk Now for Autism Speaks: New York City, a 1.5-mile walk through the streets of lower Manhattan that raises funds for autism research, will take place at the South Street Seaport (Fulton and South Streets, Pier 17). Registration will start at 9 a.m., the stage program at 10 a.m., and the walk at 10:30 a.m. To learn more, contact Agnes Peterson at (212) 821-0560 or at apeterso@med.cornell.edu.
- **June 5** — The Westchester/Fairfield Walk Now for Autism Speaks walk will take place at NYP/Westchester in White Plains. Registration will begin at 9 a.m., the opening ceremonies at 10 a.m., and the ribbon cutting and walk at 11 a.m. To learn more, contact Eliza O'Neill at (914) 682-6991 or esw9002@nyp.org.
- **June 5** — Cancer Survivors Day will be celebrated in NYP/Columbia's Heart Center from 1 to 4 p.m.
- **June 11** — The First Avenue Fair will take place between East 68th and East 79th Streets on First Avenue from 11 a.m. to 6 p.m.
- **June 16** — The J.P. Morgan Corporate Challenge will take place in Central Park at 7 p.m.
- **June 16** — NYP/Westchester will hold a blood drive from 10 a.m. to 4 p.m. in the Auditorium.

classifieds



- **FOR SALE:** By owner, approximately 800-square-foot, one-bedroom apartment in luxury doorman building on East 72nd Street between York Avenue and East River. Generous closet space; moldings and built-ins throughout. Brand-new parquet wood floors. Many extras. Asking \$739,000. No brokers, please. Call (917) 513-3182.
- **FOR RENT** (July 29–September 3): High-ceilinged, airy, pleasantly furnished apartment in elevator building on East 70th Street. Three bedrooms (two air-conditioned); two bathrooms; full kitchen with washer/dryer/dishwasher; full living room with fireplace; full dining room. Wi-Fi. Three blocks from Central Park, four from NYP/Weill Cornell. Occupant must care for the cat, take in the mail, and water the plants. Reasonable rent. To learn more, e-mail mf178@aol.com.

In Memoriam



Vanessa Dieguez

• **Vanessa Dieguez**, Assistant in the Prenatal Care Assistance Program of NYP/Weill Cornell's Women's Health Practice, died March 1 at the age of 38. She had been employed at NYP for six years.

A resident of Brooklyn, Ms. Dieguez is survived by her husband, Israel Dieguez, and her father and step-mother.

"She was an amazing ray of sunshine," says Patient Registrar Nicole Couvertier. HIV Counselor Marie Coriolan concurs, saying, "Vanessa always had a smile on her face, and both staff and patients adored her for that." According to Medical Surgical Technician Sharon Harris, "Vanessa was always willing to help and always there when she was needed."



Petraline Joseph

• **Petraline Joseph**, 47, an NYP staff member since 1994, died April 18. She was a Patient Care Technician in NYP/Weill Cornell's Hearst Burn Center.

A son survives her.

According to Patient Care Director Linda Gibbons, "Ms. Joseph was a passionate and dedicated caregiver at work and a passionate and dedicated mother at home. When not caring for her patients or her son, she was taking classes in nursing at Kingsborough Community College in Brooklyn and was due to graduate this spring. She was a dear friend and colleague not only to the extended family of the Burn Center but also to many others at NYP."



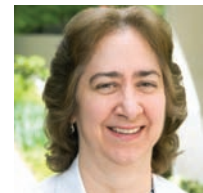
promotions

Human Resources reports the following promotions as of April 30, 2011:

NYP/ACN

Tyshelle Alvarez
Sr-Patient Registrar,
Methadone Clin

Linda Guerra
Staff Coordinator,
Ambulatory Nursing-
Float Pool



Linda Guerra

NYP/MSCHONY

Candida Batista
Sr-Social Worker,
CH-Social Work

Maria Anna D. Judilla
Clinical Nurse IV,
CH-Operating Room

Patricia Scott
Clinical Nurse III, CHC
Obstetrics & Nursery



Patricia Scott

NYP/COLUMBIA

Daniel Achampong
Waxer - Stripper, Envi-
ronmental Services-AP

Denise Coleman
Senior Clinician-Physi-
cal Ther, Rehab Peds PT/
OT Outpatient

Beatriz D. Custodio
Unit Assistant, Cardiac
Catheterization Lab

Joel DeJesus
Unit Assistant, Electro-
physiology Unit

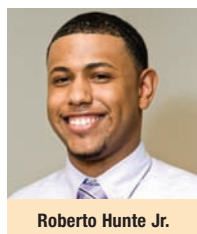
Ronald P. Egan
Sys Admr - Transplant
Svcs, Transplant Data
Unit

Tanisha Gayle
Special Procedure Tech-
nologist, Radiology Inter-
vent MB4

**Ronald Ricardo Guer-
rero**
Periop Fam Liaison, MB-
5GN Cardiac Telemetry

Rebecca Kim
Senior Clinician-Occu-
pational, Rehab Peds PT/
OT Outpatient

Ruben Lantigua
Proj Leader - IS, HEAL-
NY 17



Roberto Hunte Jr.

Roberto Hunte Jr.
Coord-Specialty Clin
Reg, Radiology-Central
Scheduling

Manuel Livingston
Lead CT Technologist,
CT Scanning MH-3

Ernesto Maldonado
Licensed Engineer 2
Licenses, Powerhouse

Erica R. McPherson
Clinical Nurse III,
MHB-Cardiac-5GS

Jhan Nunez
Unit Assistant, Cardiac
Catheterization Lab

Nita Patel
Mgr-QA-Stem Cell Lab,
Stem Cell Processing Lab

Michael Rohan
Clinical Nurse II,
Emergency - A

Jorge Taveras
Mgr-IS, Communication
Management

Smitha Thomas
Staff Nurse,
MB-6GS Medicine

William Tortoriello
Dir-Facilities Opr,
Physical Plant Admin

NYP/WEILL CORNELL

Efrain Arias
Sys Hardware Analyst III
- IS, IT Back Office

Monique Atse-Ward
Patient Care Tech, Nur-
8S Crit Burn (SDU)

Loretta Beckert
Sr-Recruiter, HR-
Employment Services

Patricia A. Brady
Dir-Employment Ser-
vices, HR-Employment
Services

Melanie Fay Buchanan
Analyst-Invntry Control,
Perioperative Svcs

Gregory Camacho
Clinical Manager, Amb
Surg L9/F10

Mary Elizabeth Cassai
Patient Care Director,
Ambulatory-Endoscopy

John Chu
Sys Hardware Analyst III
- IS, IT Back Office

Ilijan Decka
Info Sys Spl Prgmng - IS,
IT Business Solutions

Binh Diep
Lead Pharmacist,
Pharmacy

Matthias Ebinger
Dir-Enterprise Facilities
Sys, Facilities Dev. Con-
struction

Matthew Gaines
Clinical Spl Physical
Therapy, Rehab Medicine



Matthew Gaines

Mildred Taina Garcia
Administrative Clerk,
Laundry

Anatoly Gore
Info Sys Spl Prgmng - IS,
IT Business Solutions

Bruce Harvey
Project Leader - IS, IT
Corporate Systems

Ernesto Jimenez
Prmgr Analyst III - IS,
Clinical Information
Systems

Erika A. Joyce
Dir-Compensation,
HR - Compensation

Kiersten Kanaley
Dir-Talent Acquisition,
HR-Employment Services

Seth T. Kavanagh
Dir-HRIS, Human
Resources-HRIS

Mary E. Kinsella
Dir-Budget-Reimburse-
ment, Financial Planning

Lisa Maineri
Admin Dir, Service Line
Division

Evelyne Michel
Patient Care Tech,
Nur-8S Crit Burn (SDU)

Megan Monahan
Patient Care Director,
Critical Care-Cath Lab

Thomas Owens
Black Belt-Z1, NYPH
Revenue Cycle Admin

Jeffrey W. Raheb
Mgr-IS, Clinical
Information Systems

Agnieszka Scarangella
Clinical Manager,
Nur-10C/10S Medsurg
(ONC)

Kathleen Zegras
Dir-Benefits-Retirement
Svcs, HR Support Services

If you know of any promotions that have been omitted, please report them to Human Resources at these numbers: 746-1448 (Weill Cornell); 305-5625 (Columbia). Photos by Charles Manley.

Benefits Corner



EDUCATIONAL ASSISTANCE PROGRAM CHANGE

Beginning with the Fall 2011 semester, a change is being made

to the Educational Assistance Program for employees attending Columbia University, New York University, a SUNY or a CUNY college. NYP will remit the tuition costs directly to those universities and colleges so that employees do not have to pay in advance.

The following guidelines will apply:

- NYP will pay the employees' tuition directly to Columbia, NYU, the SUNY or CUNY college, up to \$2,000 per calendar year.
- The course at the college must be considered eligible for tuition reimbursement.
- Employees must be eligible to participate in NYP's Educational Assistance Program.
- All Educational Assistance Program policy guidelines apply.

Policy information and details about the process are available on the NYP Infor-net for Employees page. Under *Resources* and *Guides*, click on *Educational Assistance Program*. If you have any questions, please call (212) 297-4428.



VOLUNTARY BENEFITS ENROLLMENT IS JUNE 1 – SEPT. 2

The enrollment period for the Unum Individual Short-Term Disability, Specified Disease Insurance and Universal Life Insurance voluntary benefits is June 1 through September 2, 2011. These benefit plans can be adjusted to meet your own personal needs.

Individual Short-Term Disability provides you with a source of income if you become ill or have an injury and are unable to work. This plan, in addition to your sick time and the state-mandated plan provided by the Hospital, is your personal income protection.

Specified Disease Insurance allows you to receive a lump sum benefit if you are diagnosed with any of six life-threatening illnesses: heart attack, stroke, major organ transplant, end-stage renal (kidney) failure, coronary artery disease, and cancer. This benefit is designed to help with all

the costs your medical coverage does not cover.

Universal Life Insurance provides permanent insurance coverage designed to last beyond your working years. Premiums remain the same as you age. Coverage options are also available for your spouse and/or dependent children without covering yourself.

The effective date of each of these policies will be determined by your enrollment time. For more information, or to schedule an appointment on-site with a representative, call (800) 229-5129, ext. 201.



"GO GREEN" WITH DIRECT DEPOSIT OF FSA REIMBURSEMENT CHECKS

P&A, our Flexible Spending Account (FSA) benefit vendor, is encouraging all participants to "Go Green" and help reduce the amount of paper used each year. As a participant in a Health Care or Dependent Care Flexible Spending Account, you can enroll for direct deposit of reimbursement checks. In addition to conserving resources, having reimbursement checks deposited directly into your bank account is faster and safeguards against the possible loss of checks sent through the mail. Participants will be notified by e-mail when the payments are deposited.

Sign up for FSA direct deposit at www.padmin.com before August 31 and you will be entered into the P&A "Go Green" contest to win an iPad2.

GREEN PAGES CONTACT INFORMATION



Benefits Corner
(212) 297-5771

BenefitsBridge@nyp.org



Employee Activities
(212) 746-5615

activities@nyp.org

Other Green Pages News
hrweb@nyp.org

Employee Activities and Services

TICKETS AVAILABLE AT ERRAND SOLUTIONS

Movie tickets and the sports and family entertainment tickets listed below are available for purchase at your site's Errand Solutions Desk. Tickets can be purchased by check, money order, cash or major credit cards. You will be required to present your NewYork-Presbyterian employee ID when purchasing tickets.

For discounts on additional sports and family entertainment tickets, contact Plum Benefits, Monday through Friday, from 9 a.m. to 5 p.m., at (212) 660-1888, or log on to www.plumbenefits.com.

If you have any questions, please e-mail activities@nyp.org.

Please note: All tickets are limited to four per NYP employee. Tickets will not be held and are available on a first-come, first-served basis.



Sister Act

Wednesday, June 22
Broadway Theatre
Rear Orchestra
8 p.m.
\$61.50 per ticket
(adults and children 2 years and older)

American Ballet Theatre: Swan Lake

(Tickets are very limited.)
Saturday, July 2
The Metropolitan Opera, Lincoln Center
Dress Circle
\$63 per ticket
(adults and children 2 years and older)



New York Mets vs. Atlanta Braves

Sunday, June 5
1:10 p.m.
Section 137/Left Field
\$43.20 per ticket
(adults and children 2 years and older)

New York Yankees vs. Cleveland Indians

Friday, June 10
7:05 p.m.
Section 207, Main Level
\$57 per ticket
(adults and children 2 years and older)

New York Mets vs. New York Yankees

Saturday, July 2
4:10 p.m.
Citifield
Section 137/Left Field
\$56 per ticket
(adults and children 2 years and older)

errand solutions at NYP

Summer is here and Errand Solutions can help you enjoy it! Whether you're planning a family vacation or a neighborhood block party, Errand Solutions representatives will lend a helping hand. They can assist with travel planning, including flights, rental cars and hotels, and party planning, including placing food orders and stuffing and mailing your invitations.

June 19 is Father's Day — the perfect opportunity to do something special for the dads in your life. Errand Solutions can help you shop for the perfect gift, make dinner reservations, or plan an outing to a baseball game or the golf course.

Errand Solutions is also here for patients and their loved ones. You can reach Errand Solutions by dialing *99 from any Hospital telephone.



Promoting a Quiet, Healing Environment for Patients and Families

Studies show that a quiet, peaceful environment promotes healing for patients and can result in better patient outcomes. The importance of a healing environment is also reflected in the HCAHPS survey, which includes a question on “quietness of the unit.” At NYP, 54 percent of patients taking the survey said it is always quiet around their room at night. While this score is 8 percentage points higher than the New York state average, it is 4 percentage points lower than the national average.

There are many sources of noise in the patient environment. Some of these include: staff conversation and activity, visitor conversation, equipment alarms and motors, TVs and radios, cleaning activities, and foot traffic from heels of non-rubber-soled shoes.

We know our patients want us to do a better job of promoting rest, but accomplishing this goal can be difficult in a hospital setting. NYP teams are implementing a variety of strategies to decrease the noise level in patient care areas to provide the best environment for our patients. ■

QUIETNESS CHAMPION



Amy Daniels, right

“Research has shown that sleep deprivation can have detrimental effects on an ailing patient. Poor sleep quality places ill patients at greater risk for infection, complications and mortality and can even prolong a hospital stay. We are working diligently to provide ill patients with high-quality care and a quiet and restful atmosphere in which to recuperate.”
— Amy Daniels, Clinical Manager, NYP/Weill Cornell

QUIETNESS CHAMPION



Ellen Cotter, left

“To facilitate communication among staff on the unit, while minimizing interruptions for patients, we are assigning pagers to all nursing staff and unit assistants. We have also turned off the ringer on hallway phones, many of which are located right outside of patient rooms. Leadership at NYP/Allen Hospital has been very supportive in helping us create a quiet and relaxed atmosphere.”
— Ellen Cotter, Patient Care Director, 2 River West, NYP/Allen

QUIETNESS CHAMPION



Kimberly Johnson

“I feel that anxiety is the No. 1 emotion that prevents patients from healing, listening to and understanding their providers, and overall having the best experience in undesired circumstances. A quiet environment also allows staff to think clearly, concentrate and, most importantly, remain calm when caring for our patients.”
— Kimberly Johnson, Clinical Manager, NYP/Weill Cornell

How You Can Help

- Create a “quietness champion” position in your area to serve as a noise-reduction specialist. Have him/her circulate, evaluate noise levels, and educate staff.
- Encourage employees to lower their voices and have conversations in designated areas, instead of in hallways and at nurses’ stations, especially at night.
- Decrease television volumes or offer patients headphones for television.
- Acuity permitting, close patients’ doors.
- Switch all cell phone and pagers to vibrate.
- Wear rubber-soled shoes in all patient care areas.
- Tighten door closers to prevent slamming of doors.
- Provide earplugs and eye masks on admission — our new amenity kits have these items.
- Program IV pumps to lowest volume.
- Severely limit overhead paging and use of intercoms during quiet times and at night.
- Identify patients who don’t need nighttime care so as not to interrupt them.
- Acuity permitting, baths, treatment activities and nursing routines should be done prior to midnight.
- Anticipate, instead of wait for, IV alarms from 9 p.m. to 7 a.m.
- Review schedule of deliveries of supplies to patient care areas to minimize late night/early morning deliveries when possible.
- Refrain from using nursing unit hallways as shortcuts to other areas of the Hospital during evening hours.
- Tighten screws and lubricate the working parts of equipment that may be squeaky because of disrepair.

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Kids Have a Blast at NYP

NYP hosted 400 children at the annual Take Your Child to Work Day on April 21, welcoming 7- to 12-year-old children of employees to observe what goes on in a large hospital, to learn about different jobs in health care and perhaps even to start dreaming about their own careers.

The children visited many departments. Some met friendly Angels on a Leash and learned how pet

therapy dogs help patients feel better. Others observed how medical instruments are sterilized in the Equipment Center, explored the inside of an ambulance, or visited the main kitchens at NYP/Weill Cornell and NYP/Columbia to learn how food is mass produced for patients, families and employees.

"In honor of Earth Day Awareness, our theme this year was 'Keeping Green at NYP,'" says Kathy Suero,

Specialist, Employee Activities, who organized the event at the five main NYP campuses. "Sustainability Department team members spoke to the children about the importance of recycling, conserving energy and water and keeping our Earth and air clean."

"My son kept talking about what he did, where he went, what he saw," says Lab Technologist Diana Cuadros. "He had a blast." ■



NYP/Allen



NYP/Westchester



NYP/38th Street



NYP/Allen



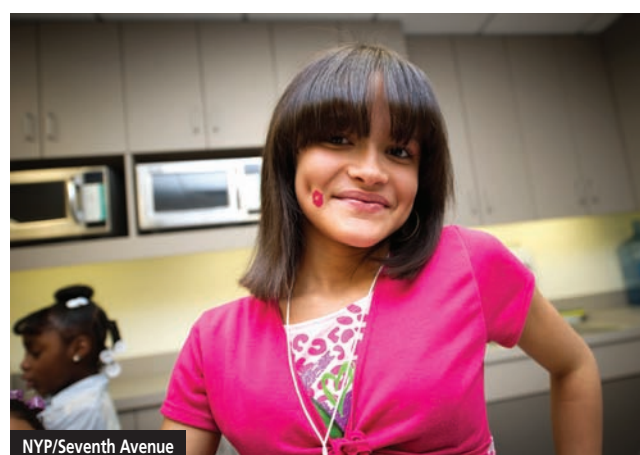
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NYP/Westchester



NYP/Seventh Avenue