

Spasticity Management:

An Interdisciplinary Approach

NewYork-Presbyterian
Department of Rehabilitation Medicine

COURSE CO-DIRECTORS

Michael W. O'Dell, MD

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Kerri Fitzgerald, MA, OTR/L

Occupational Therapy Manager,
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DATE AND TIME

Thursday, November 5, 2009 7:30AM-5:00PM
(7:30-8:15AM Registration/Breakfast/Remarks)

LOCATION

Uris Auditorium
Weill Cornell Medical College
1300 York Avenue at 69th Street
New York, New York

STATEMENT OF NEED

With the introduction of new treatments for spasticity management, physical and occupational therapists will need to recognize, properly evaluate, appropriately refer and treat multiple etiologies of upper and lower extremity spasticity.

TARGET AUDIENCE

Physical and occupational therapists, rehabilitation nurses and case managers, rehabilitation medicine physicians and residents, and neurologists.

PROGRAM OBJECTIVES

At the conclusion of the course, the participants should be able to:

1. Outline common patterns of spasticity in various etiologies of neurologic disease.
2. List current oral, injection and surgical options for the treatment of focal and generalized spasticity.
3. Discuss the role of physical and occupational therapists in the assessment and outcomes management for mild, moderate and severe spasticity.

COURSE AGENDA • NOVEMBER 5, 2009

7:30-8:15AM	REGISTRATION / BREAKFAST Opening Remarks -Kerri Fitzgerald, MA, OTR/L
8:15-9:15AM	Overview of Spasticity by Common Etiologies <i>Stroke</i> -C. David Lin, MD <i>Multiple Sclerosis</i> -Mehul Garala, MD <i>Spinal Cord Injury</i> -Lisa Ruppert, MD
9:15-10:30AM	KEYNOTE SPEAKER Medical Treatment of Spasticity -Gerard Francisco, MD
10:30-10:45AM	BREAK
10:45-11:30AM	Evidence-Based Review: Impact of Spasticity Management on Function -Michael W. O' Dell, MD
11:30-NOON	Panel Discussion/Question and Answer -Faculty Panel
NOON-1:15PM	LUNCH—on your own
1:15-2:00PM	Interdisciplinary Assessment -Danielle Gall, PT, MS, NCS -Tara Post, OTR/L, ATP
2:00-2:45PM	Non-Pharmacological Approaches to Treatment -Lisa Rivera, MS, OTR/L, ATP -Danielle Gall, PT, MS, NCS
2:45-3:00PM	BREAK
3:00-3:30PM	Intrathecal Baclofen Pump Protocol: Therapist Role -Gina Sauro, PT
3:30-4:30PM	Case Studies: Assessment and Treatment of Mild, Moderate and Severe Spasticity -Faculty Panel
4:30PM	Closing Remarks -Kerri Fitzgerald, MA, OTR/L

PROGRAM FACULTY

Gerard Francisco, MD

Chairman and Clinical Professor of
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Health Science Center
Chief Medical Officer,
Texas Institute for
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NewYork-Presbyterian
Department of Rehabilitation Medicine
gratefully acknowledges funding in part provided by
an unrestricted educational grant from
Allergan, Inc.



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REGISTER ONLINE NOW!

www.nyprehmed.org



Weill Cornell Medical College

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Management Spasticity

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Spasticity Management: An Interdisciplinary Approach

TUITION:

Tuition includes registration, breakfast and coffee breaks.

REFUND POLICY: A handling fee of \$20 is deducted for cancellation.

Refund request must be received by mail one week prior to the course.
No refund will be made thereafter.

THIS IS A NON-CME CONFERENCE.

COURSE MATERIALS:

In an effort to Go Green, no syllabus will be provided on the day of the course. Instead, all presentations will be available online one week prior to the course. We will transmit this information via e-mail; therefore, current e-mail addresses are necessary.

TO REGISTER:

Register ONLINE at www.nyprehmed.org

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FEES:

One Day Conference

BEFORE 10/22/09 \$150.

AFTER 10/22/09 \$175.