bon appétit, NYP! employees celebrated — see page 2

The newsletter for employees and friends of NewYork-Presbyterian • Volume 12, Issue 11 • November 2010



Geddes Booker, Lead Telemetry Technician, and Manouchka Bertrand, Telemetry Technician (seated

Monitoring Hearts

atients receiving cardiac care at NYP/Columbia and NYP/Weill Cornell can rest assured — someone is always watching their hearts.

Using advanced telemetry — technology that enables cardiac signals to be transmitted from electrodes on a patient to a remote receiving location where they are displayed on monitors — Hospital cardiac telemetry technicians help clinical staff know when a patient might be in trouble.

"Working closely with nurses and physicians at the patient's bedside, the telemetry team monitors changes in rhythms before they develop into full-blown cardiac arrests," said LeRoy Rabbani, M.D., Director of Cardiac Inpatient Services and the Cardiac Intensive Care Units at NYP/Columbia. "It's a huge advantage to place patients on a monitor."

This type of monitoring adds an additional layer of

protective care to the advanced, state-of-the-art clinical treatment provided by NYP, making it one of the top hospitals in the country for cardiac care, according to the 2010 U.S.News & World Report.

The telemetry technicians, headquartered in the Service Building at NYP/Columbia, monitor in-patients at NYP/Columbia and NYP/Weill Cornell deemed at risk because of such conditions as unstable angina, congestive heart failures, arrhythmias and heart attacks.

"The technicians view patients' heart rhythms in realtime on a computer screen, looking for potentially fatal arrhythmia patterns. If they see something unusual, they alert the nursing staff on the cardiac unit," said Catherine Halliday, R.N., Director of Cardiac Nursing, NYP/Columbia.

Technicians can monitor up to 312 patients daily on both campuses and are required to make split second decisions about whether a patient has gone into cardiac arrest.

"The type of telemetry practiced here is unique, both in terms of size and the type of responsibility the technicians are given," said Hollis George, Director of Patient Care for Telemetry at NYP.

"I've been to seminars for lead telemetry techs all over the country and no other place does telemetry the way that it's done here. We have the responsibility of calling a cardiac arrest," said Geddes Booker, a lead telemetry technician at NYP who has worked in telemetry for 25 years.

For the patient going into a life-threatening arrhythmia, that skill can make a real difference.

"Having a telemetry technician skilled at detecting cardiac arrest, and, more importantly, empowered to call an arrest, gives us a jumpstart on CPR and defibrillation," Dr. Rabbani said. "Our telemetry team's work absolutely results in saved lives."

A Message from Dr. Pardes and Dr. Corwin

November brings us Thanksgiving — a time to stop and give thanks for the good things of the past year. 2010 has been a successful year at NewYork-Presbyterian, and there are so many to thank for helping to make us the top medical center in New York and among the best in the nation. We are so grateful to our Board of Trustees for their vision, generosity and unwavering commitment to our Hospital. We thank our Medical School partners, Weill Cornell Medical College and Columbia University College of Physicians and Surgeons, for collaborating closely with us in fulfilling our commitment to We Put Patients First. We truly appreciate our physicians, nurses, managers and all our staff for their hard work and dedication in providing exceptional patient care and compassionate service throughout the year. Finally, we want to thank our patients and their families. They come to us at a time when they are most vulnerable and we thank them for entrusting us to heal and comfort them during their time of need. Thank you all again and our very best wishes for a very happy and healthy Thanksgiving holiday!



Herbert Pardes, M.D. President and Chief Executive Officer



Steven J. Corwin, M.D. Executive Vice President and Chief Operating Officer

celebrating employees at NYP

housands of employees at the NYP/Columbia, NYP/Weill Cornell, 38th Street, NYP/ Westchester and NYP/Allen Hospital campuses had fun with a French theme during the summer's Employee Appreciation Days.

Attendees enjoyed chicken provençale, niçoise salad, croissants and éclairs as French pop music and the classic chanteuse Edith Piaf crooned in the background. Large models of the Eiffel Tower and the Arc de Triomphe, fresh flowers, and French table linens all added to the Parisian ambience.

As managers dished out generous helpings of food, employees got the chance to eat and

mingle with friends and colleagues. It was all a way to say a hearty "merci" to employees for all they give to make NYP the amazing place it is.







































New center offers advanced, nurturing care for high-risk moms and babies

NewYork-Presbyterian/Columbia's maternal-fetal medicine program is already one of the top-ranked in the country. Now, with the opening on September 23 of The Carmen and John Thain Center for Prenatal Pediatrics, women with high-risk pregnancies will receive the most comprehensive, state-of-the-art care currently available, all in a location designed to be warm, beautiful and calming.

"The Center for Prenatal Pediatrics is dedicated to helping pregnant women and their families when a significant birth defect or genetic condition is found in the unborn baby or when families experience other unusual complications during pregnancy, in particular, multiple pregnancy," says Mary D'Alton, M.D., Director of Obstetrics & Gynecology Services at NYP/Columbia.

Carmen and John Thain are longtime supporters of NewYork-Presbyterian/Columbia's Sloane Hospital and of women's health. The new Center complements The Thain Labor and Delivery Unit.

"While the Hospital is committed to providing the highest level of individualized care in every field of medicine, we take special pride in the services we offer for women and children," says Dr. Herbert Pardes, President and CEO. "The generosity of the Thain family has allowed us to take our care of women and children to an even higher level."

The 10,000-square-foot Center for Prenatal Pediatrics is located on 12 Central in the Morgan Stanley Children's Hospital. It houses seven ultrasound rooms, two fetal echocardiogram rooms, and multiple exam rooms and doctors' offices. It also has space for both prenatal diagnostic and therapeutic procedures, such as amniocentesis, chorionic villus sampling, and laser therapy for twin-to-twin transfusion. The Center is one of approximately 10 centers in the country to perform laser therapy and the only one in New York City.

While it is equipped with the latest in technology, the Center also exudes a peaceful, almost spa-like atmosphere.



At the Center's launch, John and Carmen Thain (second row, third and fourth from left); their daughter, Tori Thain (second from left); and their daughter-in-law, Tracy Thain (far left) joined Dr. Pardes (center); Dr. Corwin (third from right); Robert Kelly, M.D., Group S.V.P., C.O.O. and C.M.O., NYP/Columbia (second from right); and Kevin Hammeran, S.V.P. and C.O.O., MSCHONY. (First row) Lynn Simpson, M.D., Medical Director of the Center for Prenatal Pediatrics; Mary D'Alton, Director of Obstetrics & Gynecology Services at NYP/Columbia; and Sally Martell, a Center supporter, and her daughter, Natalie, helped cut the ribbon.

"It's very hard for a couple dealing with a potential problem affecting their baby," says Lynn Simpson, M.D., the Center's Medical Director. "Our Center is designed to be a place where they can get a comprehensive understanding of what's going on and make informed decisions under the least stressful conditions possible."

Getting to Know You

- Q: What is your name, and what is your job here at NewYork-Presbyterian?
- A: My name is James Garvin. I'm the Grounds Department Foreman at NYP/Westches-
- Q: How long have you been at NYP?
- A: I've been working for the Hospital since 1998.

Q: What's the best part of your job?

- A: Everyone who comes onto our property can see that the Hospital grounds are very well maintained, from the lawn to the planting of flowers, shrubs and trees. That's a great feeling.
- Q: What was your path to your current job?
- A: I began as a General Service Worker in the Grounds Department. After two years

I was promoted to Assistant Foreman. Hard work and knowledge of landscaping helped me achieve the Foreman's position in 2006. Today, I have a terrific crew who work hard to create a safe and beautiful environment for patients and their families.

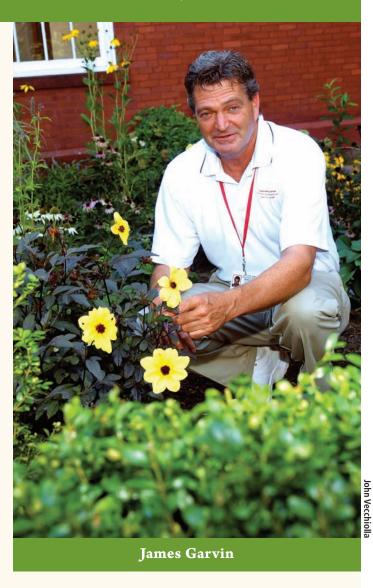
Q: What's your favorite type of music?

- A: I enjoy a wide variety of music, from Southern rock to country. Some old favorites are Louis Armstrong and Frank Sinatra.
- Q: What kind of vacations do you enjoy?
- A: I love to play golf so most of my vacations are golf related. I also enjoy the ocean and jet skiing. We have a little house on the water in Mystic, Connecticut, where we spend relaxing weekends.

Q: What's on your personal to-do list?

A: I would love to go to Europe and play on some of the great golf courses there. And, of course, I want to spend as much time as possible with my new granddaughter.

James Garvin, NYP/Westchester





COMPLIANCE HELPLINE

To report fraud or violations of NYP's Code of Conduct, call the Compliance HelpLine at (888) 308-4435. Anonymous calls are accepted.

calendar 🧔



- November 11 The Spanish-Language Women At Risk Breast Cancer Support Group will meet from 10 to 11:30 a.m. in the Milstein Hospital Building, 7th Floor, Room 213. For more information, contact Jenny Saldana at (212) 305-9894.
- November 16 A Health and Wellness Seminar titled "Sounds Great: Medical and Surgical Rehabilitation for Hearing Loss" will take place with speakers Kevin D. Brown, M.D., Ph.D., and Michelle L. Kraskin, Au.D. Michael G. Stewart, M.D., M.P.H., will moderate. The seminar will begin at 6:30 p.m. in Uris Auditorium, 1300 York Avenue (69th Street). To learn more or to make a disability-related accommodation, call (212) 821-0888. The seminar is free and open to the public, and seating is available on a first-come, first-served basis.
- November 17 Literature at Work, a reading group open to all NYP/Columbia staff members, will meet from 12 to 1 p.m. in the Hamilton Southworth Conference Room, PH 9 East, Room 105.
- December 1 Literature at Work will meet from 12 to 1 p.m. in the Hamilton Southworth Conference Room, PH 9 East, Room 105.
- December 9 The Spanish-Language Women At Risk Breast Cancer Support Group will meet from 10 to 11:30 a.m. in the Milstein Hospital Building, 7th Floor, Room 213. For more information, contact Jenny Saldana at (212) 305-9894.



get your flu shot

NewYork-Presbyterian has long recognized that getting vaccinated against the flu is the best way to protect ourselves, our families and our patients.

The seasonal flu vaccine this year includes protection against H1N1 influenza, so only one vaccination is necessary. All NYP employees and physicians must participate in the program by getting vaccinated or signing a declination form in Workforce Health & Safety by November 30.

Flu shots are being offered free of charge at Workforce Health & Safety clinics, at designated central locations, and through Flu Champions on the units.

Please visit the Infonet for more detailed information.

you work in the city, why not live in the city?

NewYork-Presbyterian offers housing options at both NYP/ Weill Cornell and NYP/Columbia that meet each employee's needs at ideal locations. All housing is located near Hospital campuses, offering both convenience and affordability.

You can find all this at NewYork-Presbyterian, so commute less, enjoy more and live more.

For more information, look at the NYP housing website at www.nyphrealestate.com; e-mail nyphousing@nyp. org; or call (212) 746-1968 at NYP/WeillCornell or (212) 305-2014 at NYP/Columbia.



promotions

oorts the following promotions as of September 30, 2010.

Dora Arocho Psychologist-PhD, Center for Community Hlth & Ed

Erica Chin Sr Psychologist, Clinic-Psychiatry/ Pediatrics

Sweene C. Oscar Psychologist-PhD, GR-RH More Program

Paula Smith

Senior Social Worker, Mobile Crisis Outreach

Josie Dominguez Program Mgr, Center for Community Hlth & Ed



NYP/ALLEN

Sharon Clarke Supervisor-Transport, Allen-Patient Transport

Ana L. Marte CT Scan Technologist, Allen-X-Ray



NYP/CHONY

Laura J. Lavallee Clinical Nurse II, CHC Labor Delivery & Triage Myrlene Madelon Clinical Nurse II, CH-Pediatric Intensive Care

Maria-lira M. Villar Clinical Nurse-Specialist, CH-Neonatal Intensive Care

Jema D. Delfin Clinical Nurse IV,



Jema D. Delfin

NYP/COLUMBIA

Alejandro Almanzar Laundry Worker II, Laundry - Admin **Rohan Banton** Supervisor-HVAC, Engineering-Preventive Maint Jennifer Joyce

Laboratory Clerk Typist, Central Processing Unit

Boone

Rawlins J. Callender Sadaf Khola Mian Supervisor-Boiler Room, Powerhouse

Catherine Camilo Staff Nurse. MB-7HS Transplant Unit

Ordel Clarke Waxer - Stripper, Environmental Services-MH

Jennifer Emilie Hill Cruz Psychologist-PhD, Clinic-Special Needs Patricia A. Gall

ICU Technician, Surgical Nursing Office Lenny Guzman X-Ray Technologist, X-Ray VC Emergency

Orion Orridge Nutrition Host, Nutrition Dept



CH-Operating Room Guito Vincent Staff Nurse, MB-7GS AM/PM Surgery

Sandra Quinones Unit Assistant, MB-3/4 Recovery Room

Jennifer Rodriguez Patient Fin Advisor- Admitting Pat Accts, Radiation Oncology Sonali A. Sheth Staff Pharmacist,

Pharmacy-Administration Shirley A. Wise

Patient Fin Advisor-Pat Accts, Patient Access Services

NYP/WEILL CORNELL

Financial Analyst, **Purchsng Mats** Mgmt



Sadaf Khola Mian

Ruperto Arellano Sr BMET, Biomedical Engineering

Raymond Baez Lead Technologist, Central Lab Alexis Balingcongan Staff Nurse-RN, NUR- 2W Neuro Science SDU

Matthew Baney Prgm Manager-WHS, Workforce Health & Saftey

Jeffery Bronstein Plant Supv, Eng Plant Svcs

Lesley Covington Infec Control Spl, **Epidemiology**

Felix Davila Patient Assistant,

Amb Surg L9/F10 Joselito T. Delos Santos

Jr Analyst - HRIS, Human Resources-

Jose R. Guzman Patient Registrar,

Sophia Halaris Proj Leader-Finance, Financial Planning

Peter M. Harden Supv-Radiology, Radiology/Gen'l Elizabeth Kim

Lead Pharmacist, **Pharmacy**

George Lioudis BioMed Tech III, Biomedical Engineering

Karen Morgan Nurse Practitioner, **NUR-14S** MEDSURG (AM)

Catherine Palmese Clinical Mgr, Critical Care-Med Team

Julie Pope Mgr-Cert Nurse Anesthetists, Anesthesiology

NYP/WESTCHESTER Elena V. Christian Staff Assistant, Medicine



If you know of any promotions that have been omitted, please report them to Human Resources at these numbers: 746-1448 (Weill Cornell); 305-5625 (Columbia). Photos by Charles Manley and John Vecchiolla

daughter of NYP employee brings down the "House"

Assata Alston, 12, daughter of Pamela Walker, Supervisor of Patient Accounts at NYP, performed before a star-studded audience July 19 as part of the evening "Broadway Celebration at the White House.

The young singer, who has been called a prodigy, belted out the show tune "Gimme Gimme" from the Broadway classic "Thoroughly Modern Millie."

An eighth-grader at The Young Women's Leadership School in Jamaica, Queens, Assata has been singing since about age 5, specializing in Broadway show tunes.

Assata was "discovered" by producer George C Wolfe, who was in the audience when she sang in "An American Songbook" performance at Lincoln Center.

Assata, who will perform at Gracie Mansion on November 18, is looking forward to a career as a singer.



Pictured with President Obama and Michelle Obama are Pamela Walker and Assata's father, Walter Alston,

NYP & NY Giants team up for organ donation

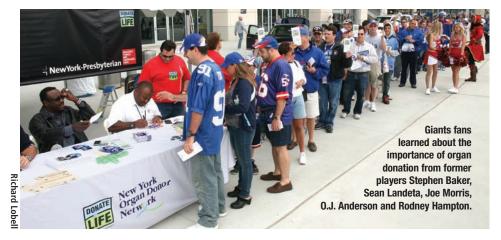
About 1,000 NY Giants fans saw more than their favorite team on September 26 when a group of volunteers from NYP's Transplant service and the New York Organ Donor Network came to the stadium, pre-game, to disseminate information about organ donation.

Before the Giants took on the Tennessee Titans at the New Meadowlands Stadium in East Rutherford, N.J., the volunteers, joined by five former Giants players, gave information to raise awareness about the importance of signing up to become an organ donor.

NYP, which performs more organ transplants than any other hospital in the nation, is a Proud Sponsor of the New York Giants. Through our partnership, we will try to reach the goal of registering 100,000 new organ donors. Several members of the Giants recognize the importance of organ donation, as they have family members who have received organ transplants.

Fans were invited to have their picture taken with the past Giants greats and to learn how they, too, can become a "giant" in someone's life, by signing up to become an organ donor.

According to the New York Organ Donor Network, about 9,600 people in New York state are in need of a lifesaving donation, while more than 100,000 people in the U.S. are awaiting transplants



you gotta have heart

The Ronald O. Perelman Heart Institute celebrated its one-year anniversary on October 7 with a daylong event geared toward raising awareness about heart health. Patients, visitors and staff participated in a Wii Sports tournament, walked the "Perelman Mile" or "Perelman Mile Plus," enjoyed



Participants in the Wii Sports tournament loved the hula hoop and bowling games.

heart-healthy snacks and capped the day with a classical music concert by Carnegie Hall's "Musical Connections."

The Perelman Heart Institute opened last year on the fourth floor of the Greenberg Pavilion. It expands on the Hospital's cardiac care expertise and connects all cardiac services, from heart disease prevention to the treatment of life-threatening arrhythmias and complex coronary artery disease.

Education about heart disease is central to the Institute's mission, especially for women, many of whom still erroneously believe that they are less at risk for heart problems than men. The Education Center at the Perelman Heart Institute offers many programs designed to encourage and train people to live more heart-healthy lives.

More than 50 people took part in either the Perelman walk, a one-mile hike around the fourth floor, or the Perelman Mile Plus, a longer walk outside. Anna LeMay, Supervisor of the Cardiac Graphics Lab, led a group walk outside. Ms. LeMay is a 43-year NYP employee, who, with the support of the Perelman Heart Institute, has improved her fitness and endurance.

The Education Center will be hosting several programs in the coming months as part of the Women's Heart Program. Call (877) NYP-WELL for more details.

radiation symposium brings together global leaders

On September 20, NYP hosted the 6th International IMRT [Intensity Modulated Radiation Therapy] Symposium. Dr. K.S. Clifford Chao, Chair, Radiation Oncology, NYP/Columbia and Chief, Radiation Oncology, NYP/Weill Cornell, co-directed the symposium with Dr. Nancy Lee of Memorial Sloan-Kettering Cancer Center.

IMRT is the treatment of choice for many cancers. This therapy requires rigorous attention to planning and delivery to ensure the safety and efficacy of the technology. The 187 participants were



Dr. Clifford Chao speaking at the symposium on radiation oncology research and treatment.

provided with the most current guidelines, safety measures and QA processes, along with disease-specific treatment planning tools, since proper planning, positioning and dosage application ensures patient safety and the best possible outcomes. Internationally renowned speakers updated health care professionals on the latest advances in IMRT treatment planning and delivery.

PLANS THAT GET RESULTS:

"making it better"

his year's Employee Survey was held in September and early October, and we are now waiting for the results to help us begin the important Making It Better planning process. Each year, staff and managers work together to design Plans to make the Hospital an even better place for patients and employees. We wanted to share the stories of two of the many departments that have achieved great results through this planning process. Through their dedication, commitment and teamwork, they are Making It Better at NYP.

success stories

Morgan Stanley Children's Hospital



Elizabeth Polanco, Patient Care Director of 6 Tower at Morgan Stanley Children's Hospital, and her team developed a Making It Better Plan that achieved remarkable results in patient and employee satisfaction. On their unit, patient satisfaction is a priority, and they review

scores and comments at monthly staff meetings and daily huddles. Working together, they have found ways to hardwire best practices, including Discharge Phone Calls and consistent Hourly Comfort Rounds. "Always get your staff involved in the planning," says Ms. Polanco. "I am not a salesperson, but I have learned to 'sell' initiatives to my staff by explaining the value they provide to our patients. It is then up to the staff to decide how to implement the initiatives. I believe when people have a say in the process, they buy into it." 6 Tower achieved an Overall Patient Satisfaction score of 89.2 on the Press Ganey survey during the third quarter of 2010, which places

them in the 99th percentile when compared with other Best Children's Hospitals in *U.S.News & World Report*.

Ms. Polanco consistently recognizes her staff for their contributions and achievements. For example, after collecting Shining Star ballots, she reads them aloud at staff huddles. Her use of consistent public recognition has helped increase the unit's Overall Employee Satisfaction score from 71 percent favorable to 90 percent favorable.



Elizabeth Polanco (front row, sixth from left) and her team devised a plan that insures best practices are followed.

NYP/Weill Cornell, Emergency Department Brian Miluszusky, Nursing Director for



the Emergency Department at NYP/Weill Cornell, and his team are committed to improving the ED experience for patients and their families. As part of their Making It Better Plan, they have customized best practices to fit the needs of patients

in the Emergency Department. "We have made pain management and communication top priorities," says Mr. Miluszusky. "Hourly rounding and comfort checks have helped increase patient satisfaction, and scripting has provided staff with effective words to use with our patients." The ED team also partners with the Radiology and Laboratory Departments and Patient Care Facilitators to enhance communication with patients and keep them informed about delays. "Our physicians and nursing staff are engaged in making Discharge Phone Calls," adds Mr. Miluszusky, "and this is helping us provide the best care to our patients." As a result of their efforts, the Adult Emergency Department has seen a 9.3-point increase in Overall Patient Satisfaction, with the score rising from 73.5 in 2007 to 82.8 in 2010. The Pediatric Emergency Department has gone from 80.8 to 85.6 in the same time frame, which has placed them in the 99th percentile for two consecutive years!

Emergency Department leadership are also focused on employee satisfaction, specifically in the areas of respect and communication. They are working with their teams to create a "culture of caring" for staff as well as for patients and their

families. Unit Practice and Quality Councils meet frequently to discuss issues, opportunities and areas of concern. Yoga classes and ice cream breaks during the summer months are helping staff relax, and Mr. Miluszusky's open-door policy encourages staff to voice any feedback, make suggestions and ask questions. The results can be seen in their Overall Employee Satisfaction score, which has risen from 78 percent favorable to 85 percent favorable.



The ED staff at NYP/Weill Cornell are working to create a "culture of caring" for both staff and patients

SHARE YOUR IDEAS FOR MAKING IT BETTER **FOR OUR PATIENTS**

Some of the best ideas for creating positive experiences for our patients and improving the workplace have come directly from our own employees. If you have ideas for improving a process or enhancing the patient experience at NYP, please e-mail them to makingitbetter@ nyp.org. NYP leadership and the Patient Centered Care Team are eager to hear from you and consider your suggestions so that we can continue to put patients first ... always! Many employees have already sent us ideas, which are currently being considered for implementation. Thank you for your contributions to and participation in Making It Better at NYP.

the green pages

benefits corner



NYP ANNUAL BENEFITS **ENROLLMENT: VOLUNTARY BENEFITS**

The NYP Annual Benefits Enrollment period is October 15 through November 15. Benefit selections made during this period will become effective January 1, 2011.

During the Annual Enrollment period, you have the opportunity to enroll in the following valuable voluntary benefits.



AYCO FINANCIAL PLANNING

Ayco counselors can provide financial information and professional guidance for con-

cerns such as debt management, budgeting, college funding, insurance, income taxes, estate planning and more. Ayco Answer-Line® counselors have Financial Industry Regulatory Authority (FINRA) licenses. For more information, go to https://www.aycofinancialnetwork.com/afpc/nyp.



HYATT LEGAL PLAN

The Hyatt Legal Plan offers you and your family access to legal services for personal

legal matters. It provides easy and lowcost access to a wide variety of services, including sale or purchase of your home, refinancing your home, small-claims assistance, debt collection defense, personal bankruptcy and family matters such as premarital agreements, guardianship, name changes and protection from domestic violence. To learn more, call (800) 821-6400.



INFOARMOR

Identity theft is the fastest growing crime in America and affected more than 11 million

Americans last year. NYP has partnered with InfoArmor to provide all NYP benefiteligible employees and dependents with comprehensive identity monitoring at a discounted price. For more information, go to www.InfoArmor.com/NYP.

employee activities and services

TICKETS AVAILABLE AT ERRAND SOLUTIONS

Movie tickets and the sports and family entertainment tickets listed below are available for purchase at your site's Errand Solutions Desk. Tickets can be purchased by check, money order, cash, or major credit cards. You will be required to present your NewYork-Presbyterian employee ID when purchasing tickets.

For discounts on additional sports and family entertainment tickets, contact Plum Benefits, Monday through Friday, from 9 a.m. to 5 p.m., at (212) 660-1888, or log on to www.plumbenefits.com.

If you have any questions, please e-mail activities@nyp.org.

Please note: All tickets are limited to four per NYP employee. Tickets will not be held and are available on a first-come, first-served



La Cage Aux Folles

Tuesday, November 9 Longacre Theatre Mezzanine 8 p.m. \$69 per ticket



Big Apple Circus

Sunday, November 14 Lincoln Center, Damrosch Park Mezzanine 4:30 p.m. \$25 per ticket (Children 2 years and older must purchase a ticket.)



Spiderman

Friday, December 3 Foxwoods Theatre Balcony 8 p.m.

\$52 (Children 2 years and older must purchase a ticket.)

The Merchant of Venice

Starring Al Pacino

Tuesday, December 7 Broadhurst Theatre Mezzanine 7 p.m. \$66.50 per ticket



HEALTH & FITNESS DISCOUNT

Equinox at East 85th Street is pleased to announce an exclusive rate for employees at NewYork-Presbyterian Hospital. There is no initiation fee to join and you pay only \$135 per month. New members who join by December 31, 2010, will also receive one personal training session, one private Pilates session and a 25-minute massage.

If you are interested in becoming a member at this rate, please contact Arthur Donowski at (212) 439-8500 or via e-mail at Arthur.Donowski@equinox.com.

SAVE TIME WITH ERRAND SOLUTIONS

Errand Solutions can help save you time by running your errands while you work. You can also see your Errand Solutions site representative to purchase items such as gift cards and stamps all in one place.

Thanksgiving is a great time for family and friends to get together, but if you are the host, preparing for it can be time consuming. Let Errand Solutions help find the perfect caterer for your Thanksgiving meal or the best bakery to find a delicious pumpkin pie. Speak with your Errand Solutions site representative for help with your holiday planning.

Errand Solutions has the following special available during the month of November, which can be booked through an NYP site representative: Get a head start on your holiday cards, and save 10 percent on the sitting fee when you book your family portrait session through an Errand Solutions VendorPartner.



GREEN PAGES CONTACT INFORMATION



Benefits Corner (212) 297-5771 BenefitsBridge@nyp.org

Employee Activities (212) 746-5615 activities@nyp.org

Other Green Pages News: hrweb@nyp.org



NYP leads effort for greener hospitals

Hospital hosts major international conference on environmental sustainability

ore than 175 people attended a groundbreaking conference, "Going Green: An Emerging Mission in Health Care," at The Vivian and Seymour Milstein Family Heart Center on October 12. Distinguished leaders in the field of sustainability and health care, including Jeff Immelt, CEO and Board Chairman of General Electric, explored the link between a hospital's mission and a sustainable environment.

Sustainability — living and working in ways that don't jeopardize the environment, now and in the future — is a term heard more and more these days. Applied to hospitals, sustainability means having less impact on the environment, using less energy, and creating less waste.

Long committed to providing the very best in patient care, NYP has added a new mission — providing that superlative care in a manner that is both sustainable and environmentally conscious. NYP's sustainability initiative, NYPgreen, was launched more than two years ago to minimize the Hospital's environmental footprint and provide the safest and healthiest environment for patients, staff and community.

Conference attendees heard speakers from Sweden, the U.K., the U.S. Environmental Protection Agency, the U.S. Green Building Council, the Cleveland Clinic and Harvard talk about the critical role that health care institutions play in addressing global environmental concerns.

"As health care leaders, we know that many of the decisions we make — how we construct and maintain our facilities, manage energy use, transport our workers and supplies, clean our facilities — have a significant impact on the environment," said Dr. Pardes.

The conference was held in The Vivian and Seymour Milstein Family Heart Center, which recently received the prestigious LEED (Leadership in Energy & Environment Design) Gold Certification — an internationally recognized designation developed by the U.S. Green Building Council. It was one of only six hospitals in the U.S. to receive this award.

NYP's accomplishments in sustainability and green thinking made it an ideal host for this conference, but Dr. Pardes emphasized that the journey has just begun.

"We are proud of what we have done here, but we are not satisfied with where we are or where the health care sector is with regard to sustainability," he said. "We need to push forward and achieve even more. Our communities, employees and patients expect this of us."

green facts

- The Hospital's sustainability initiative NYPgreen has launched the
 following initiatives: a mixed-recycling program at all sites, reprocessed
 medical devices, "green" chemicals for cleaning, composting kitchen waste,
 "lights off" and other conservation campaigns, bicycle racks, and hybrid
 vehicles in the service fleet.
- In 2009, NYP "threw the switch" on a 7.5-megawatt cogeneration system that
 is reducing the Hospital's central plant emissions by more than 27,000 tons
 per year the equivalent of removing 4,622 cars from the road.
- Between October 2008 and October 2009 NYP reduced its net energy usage by about 13,000 metric tons of carbon dioxide. The Hospital did this across its 10 million square feet of space even while adding new space. This is the equivalent of removing more than 2,500 cars from the road.
- In 2010, NYP received its fifth "Sustained Excellence for Energy Management" award, the most times this award has been received by any hospital in the country.
- "Green Champions," a network of 250 NYP employee volunteers, are working with their departments to raise awareness and change behaviors.

- A farmers' market on Fort Washington Avenue brings fruits, vegetables and other locally made food to NYP/ Columbia's staff, visitors and neighbors.
- A cogeneration plant cuts NYP/Weill Cornell's emissions by 27,000 tons a year.
- Hybrid cars in the NYP fleet also cut emissions, helping to make New York City a healthier environment.
- 4. The Vivian and Seymour Milstein Family Heart Center earned a LEED (Leadership in Energy & Environment Design) Gold Certification.
- 5. NYP's 2010 Earth Day reminded staff of steps they can take to protect the environment.
- 6. Welcoming General Electric's leader, Jeff Immelt (second from right), to NYP's sustainability conference were (from left) Andria Castellanos, SVP and COO, NYP/Milstein; Graeme Mitchell, VP, Corporate Engineering; Dr. Pardes; and Jaclyn Mucaria, SVP, Ambulatory Care and Patient Centered Services.



Photos by Richard Lobell, Charles Manley, Amelia Panico and Paul Warchol









NYPress

NewYork-Presbyterian The University Hospital of Columbia and Cornel

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Herbert Pardes, M.D.

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CONTRIBUTORS

Jaclyn Mucaria

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Jolie Singer

Vice President and Chief of Staff to the Executive Vice President and Chief Operating Officer

ck Evans

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Anna Sobkowski

Contributing Writer

Contributing Writer

Susan Drake

Communications Specialist

Kathleen Stanley Benefits Manager

Joy Rhodes

Benefits Supervisor

Kimberly Ann Solop Senior Awards and Recognition Specialist

Kathy Suero

Specialist, Awards & Recognition/Employee Activities

Public Affairs Office at NewYork-Presbyterian/Columbia: 627 West 165th Street, 6-621 New York, New York 10032 PH: (212) 305-5587 (ext. 55587) FAX: (212) 305-8023 (ext. 58023) Public Affairs Office at NewYork-Presbyterian/Weill Cornell: 425 East 61st Street, 7th Floor New York, New York 10065 PH: (212) 821-0560 (ext. 10560) FAX: (212) 821-0576 (ext. 10576)

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nypress@nyp.org

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