



The newsletter for employees and friends of NewYork-Presbyterian • Volume 12, Issue 10 • October 2010



Jason Green

NYP talks the talk and walks the walk

NYP's red T-shirts were everywhere the second weekend in September — Central Park, Third Avenue, and Brooklyn's Prospect Park.

It was the T.E.A.L. (Tell Every Amazing Lady) Walk on September 11 that drew NYP employees to Brooklyn's beloved park. The T.E.A.L. Walk is a 5K event that raises awareness of, and promotes a cure for, ovarian cancer. Assistant Attending Obstetrician and Gynecologist Sharyn Lewin, M.D., told walk participants, "Your enthusiasm and time give support and encouragement to the women and families affected by ovarian cancer."

In Central Park on September 12, 25,000 people took part in the Komen New York City Race for the Cure 5K Run/Walk. Among them were

400 NYP staff members, who upheld the NYP tradition of fielding the largest hospital team. A 41-year breast cancer survivor and former NYP patient who was sporting a pink T-shirt adorned with feathers took first place in a survivors' fashion show. Race for the Cure guest host Mehmet Oz, M.D., television star and Director of NYP/Columbia's Cardiovascular Institute, served as a fashion show judge.

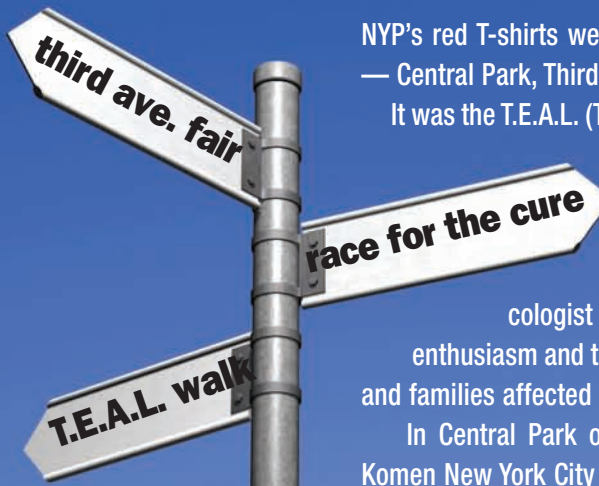
And at the festive Third Avenue Fair, also on September 12, thousands of people sampled food, enjoyed entertainment and absorbed information. At NYP booths, staff provided screenings and educational materials.

Retired NYP staff members joined current staff at all three events, demonstrating that NYP employees' commitment to fighting disease and helping their neighbors endures long past their last day on the job.

(Continued on page 4)

We Put Patients First reflects our commitment to ensuring that all patients and their family members receive outstanding, compassionate care and excellent service from every member of our Hospital team. Our primary mission is to provide superlative care to all those who need our help. This is very special and meaningful work, but accomplishing it is not easy. To provide great patient care, there needs to be true caring, empathy, and compassion. This spirit is clearly evident at our Hospital — we see it as we visit the units and we read it in wonderful letters from our patients and their family members. It is clear that all who work here have a strong desire to make our patients feel that we care.

Thanks to all of you, our patient satisfaction scores are strong, and have risen nicely. But, we still need to do better. Although they are only numbers, they are reflective of many individual things: a transporter inquiring about a patient's comfort, a food service worker cheerily delivering a patient tray, a security guard helping a patient out of a car, a nurse holding the hand of a ventilator patient, and a physician providing comfort to a distraught family. As we move deeper into the fall and we begin to think about our goals for next year, we must all remember that the true foundation for all care is caring, and we can always provide hope, comfort, and try to go the extra mile for our patients. Thank you for sharing our vision of doing good deeds, of being part of our team, of being associated with an organization that is trying to achieve amazing things not for ourselves, but for the people who seek our help in their time of need. This is what defines NewYork-Presbyterian.



Herbert Pardes, M.D.
President and
Chief Executive Officer



Steven J. Corwin, M.D.
Executive Vice President
and Chief Operating Officer

In Memoriam



Zelda White

• **Zelda White**, 53, Unit Clerk at NYP/Westchester, was killed on September 18 with her husband and four others when their van blew a tire on the New York State Thruway and overturned several times.

The six who died were traveling to a church banquet in Schenectady with eight other members of the Joy Fellowship Christian Assemblies church in the Bronx. Ms. White's husband, Bishop Simon White, was the leader of the church, and Ms. White also was an ordained minister who led services there.

The couple are survived by eight children.

Philip J. Wilner, M.D., VP and Medical Director for Behavioral Health at NYP/Weill Cornell, said, "We are deeply saddened to learn of the untimely death of our devoted long-time employee, Zelda White; her husband, Bishop Simon White; and their four fellow congregants. Beloved by her colleagues and patients alike, Zelda was a clerk on our Eating Disorders Unit and had worked at NYP in White Plains for 22 years. Our hearts go out to all of those who were lost and injured in this tragic accident, and to the many people whose lives they touched."

honors for IT at NYP

CIO magazine has presented one of its CIO 100 awards to NYP, recognizing it as one of the nation's information technology leaders.

The annual CIO 100 awards honor 100 companies that are creating new business value by innovating with technology. NYP was one of only eight hospitals recognized nationally.

The award highlighted myNYP.org, the Hospital's online personal health record, which gives patients the ability to select and store personal medical information generated during appointments with doctors and hospitalizations at NYP.

NYP Chief Information Officer Aurelia Boyer was presented with the award during the CIO 100 Symposium in August. "We are honored to be chosen as one of the CIO 100," she said. "The award is only possible due to the hard work and dedication of the entire NYP IT team."



Richard Lobell

NYP's Chief Information Officer, Aurelia Boyer (first row, center, with plaque), and the NYP IT team won honors for their innovative use of technology.



get your flu shot

NewYork-Presbyterian has long recognized that getting vaccinated against the flu is the best way to protect ourselves, our families and our patients.

The seasonal flu vaccine this year includes protection against H1N1 influenza, so only one vaccination is necessary. All NYP employees and physicians must participate in the program by getting vaccinated or signing a declination form in Workforce Health & Safety by November 30.

Flu shots are being offered free of charge at Workforce Health & Safety clinics, designated central locations, and through Flu Champions on the units.

Please visit the Infonet for more detailed information.

hospital hosts a community garden

Since 1894, the NYP/Westchester campus has served as a serene healing environment for its patients. Now, thanks to a collaboration among the Hospital and the City of White Plains Youth Bureau and Recreation and Parks Department, a small portion of those grounds has been transformed into a community garden that makes possible the growing of vegetables and fruits for those in need.

White Plains Mayor Adam Bradley and other White Plains government and community leaders joined Hospital representatives and children from the White Plains Youth Bureau on August 3 to dedicate the new project, called "Growing White Plains."

A group of community members of all ages maintains the 60 x 75-foot garden at the rear of the Hospital campus and grows crops that are donated to the Ecumenical Food Pantry of White Plains.

The first planting took place on June 18. On July 22 the first vegetables — eggplants — sprouted from the soil. They were soon joined by a bountiful crop of tomatoes, carrots, lettuces and herbs. Fall crops, which will include squash, pumpkins and carrots, will be harvested through October.

At the dedication Mayor Bradley said, "This is a wonderful way to educate our young people, focus on sustainability and use the produce to help those in need."



David Cunningham

Young gardeners from the Bits and Pieces Summer Camp of the White Plains Youth Bureau proudly presented produce to Lorraine Buonocunto of the White Plains Ecumenical Food Pantry.

Health&Wellness

NEWYORK-PRESBYTERIAN HOSPITAL AND WEILL CORNELL MEDICAL COLLEGE
SEMINAR SERIES FALL 2010

October 26

**Reducing Breast Cancer Risk:
New Medical and Surgical
Techniques**

Tessa Cigler, M.D.
Alexander J. Swistel, M.D.

November 9

**Improve your ZZZ's:
Strategies to Address Lack of Sleep**
Matthew R. Ebben, Ph.D.
Ana C. Krieger, M.D.

November 2

**Feeling Hungry:
Emotional Eating and Eating
Disorders**

Evelyn Attia, M.D.
Rachel Berman, R.D.

November 16

**Sounds Great:
Medical and Surgical Rehabilita-
tion for Hearing Loss**
Michael G. Stewart, M.D., M.P.H.
(Moderator)
Kevin D. Brown, M.D., Ph.D.
Michelle L. Kraskin, Au.D.

Time: All seminars will begin at 6:30 p.m. • **Location:** All seminars held at Uris Auditorium; Weill Cornell Medical College; 1300 York Avenue (at 69th St.) • **Web:** www.med.cornell.edu/seminars or www.nyp.org For more information or if you require a disability-related accommodation, call (212) 821-0888. All seminars are **FREE** and open to the public. Seating is available for 250 people on a first-come, first-served basis.

Women At Risk battles breast cancer

When Jenny Isaacs received a breast cancer diagnosis four years ago at age 31, her first reaction was shock — even though she was from a high-risk family — and then, tears.

“I was sitting in the hallway on the 10th floor of the Breast Center, quietly crying, terrified, when a patient naviga-

tor came up to me and asked how she could help,” says Dr. Isaacs, a clinical psychologist and professor at Yeshiva University. “Suddenly, I didn’t feel so alone.”



Richard Lobell
WAR Patient Navigator Nancy Singleton (left) helped Kathy Saraceno, a breast cancer patient.

The patient navigator, Nancy Singleton, herself a breast cancer survivor, has been there for Dr. Isaacs since that first moment — steering her through the process of diagnosis, treatment and recovery — from helping her make doctors’ appointments to leading her to the support group that

Women At Risk runs. “Nancy’s office door has always been open for me,” says Dr. Isaacs. “I don’t know what I would have done without her.”

The patient navigation program is only one aspect of the many services available through Women At Risk (WAR®) — the breast cancer program at NYP/Columbia.

WAR was founded in 1991 by Susan Fuirst, a breast cancer survivor, and her husband Alan. “WAR’s mission is to enhance the lives of women at risk for the development of breast cancer and women with breast cancer through research, education and support, and we will proudly celebrate WAR’s 20th anniversary in 2011,” says Executive Director Kitty Silverman.

WAR’s first initiative — the high-risk program and registry — aims to provide the best possible care, education and support for women at high risk for breast cancer, and remains the cornerstone of its work. The registry, which currently houses data on more than 2,000 high-risk women, is an invaluable resource for research in prevention, early detection, and treatment.

Several studies using the registry have been presented at national conferences and published in leading medical journals.

Breast cancer research is a vital part of WAR’s mission; many of the projects it supports go on to receive additional support from major funding organizations. To date, WAR has provided more than \$1.2 million in grants to support more than 50 research projects in surgery, oncology, radiology, epidemiology, genetics, and complementary and alternative medicine.

Another resource for patients, The Stacey Garil Womack Resource Library, staffed by volunteers who are breast cancer survivors, offers support and resources to patients and families visiting the Breast Center. WAR also offers English and Span-

ish language twice-monthly support groups.

WAR’s community programs, which include navigational support and free screening days, reach out to the underserved women of upper Manhattan, helping them gain better access to breast cancer prevention strategies, treatment, and support services.

WAR also runs a number of educational programs, such as the Laurie Bass Sklaver Annual Symposium, which addresses a major breast cancer or women’s health issue in a free evening program. This year’s symposium, “Decisions, Decisions: Managing Increased Risk for Breast & Ovarian Cancer,” will be held on November 9.

Dr. Isaacs has become deeply involved in WAR’s mission, speaking on a WAR panel about sexuality after breast cancer surgery, serving on a committee that helps the Department of Defense make breast cancer research funding decisions, and developing innovative ways to raise funds for WAR.

“I want to do all I can to help in its fight against this terrible disease and to help the individuals who are affected by it,” Dr. Isaacs says. ■



Dr. Pardes, shown here with WAR’s founder, Susan Fuirst, was honored at WAR’s annual luncheon in May.

WAR itself was honored with the 2009 New York State Innovation in Breast Cancer Research and Education Award. Dr. Maureen Killackey, Chair, New York State Breast & Cervical Cancer Advisory Council, said that

because of WAR’s commitment to innovative research, education and quality support, “the lives of thousands of New Yorkers have been greatly enhanced, and, in many cases, women’s lives have been saved.”

For more information about any of Women At Risk’s programs, please contact Kitty Silverman at (212)305-9525 or visit www.womenatrisknyc.org.

people on the move

Brian J. Noonan takes a new post

Brian J. Noonan has been promoted to Vice President, Claims and Litigation Management.

He will continue to oversee all aspects of malpractice litigation for the Hospital and have responsibility for settlement decisions, trial strategy and investigation. He also will serve as liaison to the Hospital’s outside medical malpractice carrier, MCIC, while providing continued guidance to senior management on medical malpractice and tort reform issues.

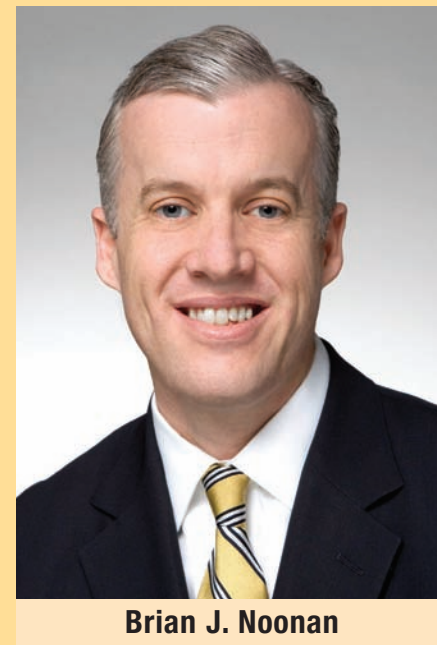
“I am thankful for the opportunity to continue working closely with such a talented group of physicians, nurses, administrators and attorneys,” he says.

Mr. Noonan came to NYP in 2003 as Associate General Counsel to manage malpractice cases at NYP/Columbia. He became Director of Claims and Litigation Management for all NYP campuses in 2005. He has served on several quality-assurance committees and been an important resource for physicians and staff on varied risk management and litigation issues.

A resident of Garden City, New York, Mr. Noonan spends much of his free time coaching his three sons, ages 8, 10, and 12, in their various sports leagues. His wife, Kathleen, is a senior executive at Tiffany & Co. He has found time to make

himself an Ironman triathlete who recently completed the 2010 Ford Ironman in Lake Placid, New York.

Mr. Noonan previously was a partner in the law firm of Martin, Clearwater and Bell, where his practice focused on the defense of physicians and hospitals in medical malpractice actions. He has also worked closely with the Greater New York Hospital Association on issues related to medical liability reform and as an adviser on the New York State Medical Malpractice Task Force. He earned degrees from Fairfield University and Hofstra University School of Law. ■

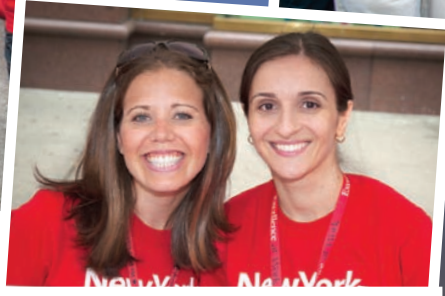


Charles Manley

Brian J. Noonan

NYP talks the talk and walks the walk

third ave. fair
race for the cure
T.E.A.L. walk



a health scare for our health educator



Dr. Pardes led the NYP team of walkers at Race for the Cure, and its guest host Mehmet Oz, M.D., NYP/Columbia physician and star of the nationally broadcast "The Dr. Oz Show," ran the race with his daughter, Daphne. Perhaps the most famous doctor on the planet, Dr. Oz is now also one of its most famous patients, thanks to a routine colonoscopy in August. It found what his physician, Jonathan LaPook, M.D., described as "a small adenomatous polyp that had the potential to turn into cancer over time." Dr. LaPook is medical correspondent for "CBS Evening News" and Associate Attending Physician at NYP/Columbia.

Dr. LaPook removed the polyp, and Dr. Oz thanked "dumb luck" for the fact that he decided to undergo the colonoscopy for his daily television show, which is watched by 3.4 million viewers. "In many ways the show saved my life," he says.





“making it better” for patients and employees at NYP

At NYP, employees and leadership work together to make our Hospital better for patients and all who work here. Over the past several years, this collaboration has resulted in very successful

Making It Better Plans to improve specific work areas. Here are some Making It Better Plans suggestions from just a few of the many leaders whose teams are making a difference for patients and coworkers. ■

We're Working on.....



Arlene Pena, Administrator of the Washington Heights Family Health Center, believes Respect among patients and employees is essential. Respect is discussed at every staff meeting, and employees are encouraged to share their feelings and concerns. “In order to have a productive work environment, people need to be open, willing to laugh, and not take things too seriously,” says Ms. Pena.

“Let your staff know that everyone’s opinion counts and is respected. Everybody should participate in developing his or her area’s Making It Better Plan — Security, Housekeeping, doctors, nurses, everyone. Let them identify the areas for improvement. Find a way to make things fun.

“And finally, don’t let the plan be forgotten. It is critical that the plan be continuously reviewed.”



IDEAS FOR MAKING IT BETTER

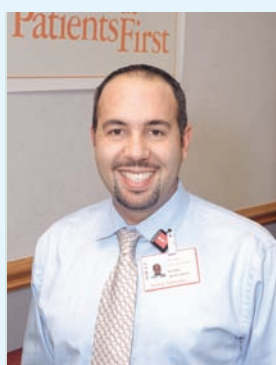
Some of the best ideas for creating positive experiences for our patients and improving the workplace have come directly from employees. If you have an

idea for improving a process, enhancing the patient experience or doing something to make your department run more efficiently, speak to your supervisor. In addition, the Patient Centered Care Team wel-

comes ideas to help improve the patient experience Hospitalwide. If you have any suggestions, please email makingit-better@nyp.org. Thank you for your contributions and participation in “Making It Better” at NYP.



Dr. Shari Platt, Chief of the Pediatric Emergency Department at NYP/Weill Cornell, and her team are focusing on first impressions and communication with patients. “An important part of managing patient satisfaction is to anticipate dissatisfaction before it happens,” says Dr. Platt. “We want our families to know that we are aware of their arrival and keep them updated on their care status.” The team is also working on improving employee satisfaction. This has included an initiative to renovate the staff break room in response to employee requests. “People need to be supported and listened to,” says Dr. Platt. She e-mails the team frequently to keep them updated on important information. She believes it’s essential for each member of the team to have a voice in the ED and a sense of ownership for how things run.



Michael Radosta, Patient Care Director for the Affective Disorders Unit at NYP/Westchester, views the unit’s Making It Better Plan as their “Roadmap to Success.” Making It Better Plans are posted in the Nursing unit and discussed at least once a month. One focus of their current Plan is to help patients better understand discharge medication instructions. “We started running weekly groups with patients on the unit to reinforce the importance of taking their medication,” explains Mr. Radosta. “This approach seems to be working, and we are not seeing the same repeat patients.”

For the employee satisfaction section of the Plan, Mr. Radosta’s unit chose to focus on Respect and Teamwork since both are Hospital Values. All staff are encouraged to write weekly thank-you notes to their coworkers, which fosters a collaborative environment and helps people feel recognized. “You have to keep Making It Better planning in the forefront,” says Mr. Radosta, “and tie it into everything going on at work.”



Photos by Amelia Panico and John Vecchiola



promotions

Human Resources reports the following promotions as of August 31, 2010.

NYP/ACN

Patricia Gilles Jacotin
Program Mgr,
Washington Heights
Initiative

Melba L. Perry
Nurse Practitioner,
SBC Robin Hood



Melba L. Perry

NYP/ALLEN

Kendell Hutton
Maintenance Worker
I, Allen-Operation &
Maint

Antonio Nunez
Painter, Allen-Opera-
tion & Maint

Tamara Mair
Clinical Nurse II,
I-RW-Obs.P.C.-Allen



Tamara Mair

NYP/CHONY

Yaniris Espaillat
Clinical Nurse II,
CH-5/6S OB & Nursery

Vicki Kalavrouziotis
Patient Care Director,
CHT 4 Medical
Surgical Unit



Vicki Kalavrouziotis

NYP/COLUMBIA

Alicia Fernandez
Secretary 1199,
Pre-Admission Testing



Alicia Fernandez

Ami Aquino
Patient Fin Advisor-
Pat Accts, Washington
Heights Initiative

Radesh Balcharan
Staff Pharmacist,
Pharmacy-Adminis-
tration

Edward R. Calem
Senior Clinician-
Physical Ther,
Rehab Physical
Therapy Outpat

Medea Elvy
Psychometrist,
Psychology Lab

Taisha Estrada
Staff Assistant,
Volunteer Dept

Roschild Grullon
Clinical Nurse III,
M9GN - Psychiatry

Tanya Hendrickson
Unit Assistant,
Oper Rms MB-3-4

Malika Ibragimova
Staff Pharmacist,
Pharmacy-Adminis-
tration

Michael Jenkins
Security Officer,
Security - Admin

Asha John
Clinical Nurse II,
6 Hudson North
Oncology

Simone King
Patient Care Associ-
ate, PACU Extension

Euclides Morales
Inventory Control
Clerk, Distribution
Center

Cynthia Naidoo
Endoscopy Technician,
Endoscopy Suite

Amalia Oliveira
Endoscopy Technician,
Endoscopy Suite

Angelina Piles-Shearin
HIV-Coord, AIDS
Medical Program

Ivan Rodriguez
Maintenance Worker
II, Routine Mainte-
nance-Offsite

Karen Rodriguez
Staff Assistant, Lung
Transplant Program

Nancy Roque
Patient Fin Advisor-
Pat Accts, Washington
Heights Initiative

Richard Schwartz
Staff Nurse, MB-6GS
Medicine

Shariq Shaikh
Staff Pharmacist,
Pharmacy-Adminis-
tration

Mary Katherine Taylor
Coord Campaign,
Development

NYP/WEILL CORNELL

Lisa Abrams
Clinical Mgr, OR

Hussain Ali
Sr Clin Engr-Biomed,
Biomedical Engineering

Karen Alleva-Celic
Supervisor-Microbiol-
ogy, Microbiology

Ruperto Arellano
BioMed Tech III,
Biomedical Engineering

Fatima M. Blezin
Nurse Practitioner,
Epilepsy Center

**David Dexter
Chandler**
Zone Mechanic,
Engineering Maint



David Dexter Chandler

Edidiong Etokakpan
Staff Nurse-RN, NUR-
5N MED SURG

Alla Gorbach
Med Corresp Rep,
Health Info Mgmt-
Management

Adam Gottlieb
Emergency Paramedic,
EMS

**Robert Benjamin
Kallen**
Critical Care Pmdc,
EMS

Tae Kim
BioMed Tech III, Bio-
medical Engineering

**Cecilia R. Latouche
John**
Supy Hlth Info Mgmt,
Health Info Mgmt-
Management

Cheryl Martens
Nurse Practitioner,
Nursing Admin-
Critical Care

Glenville R. Oliver
BioMed Tech III,
Biomedical Engineering

Yonnette A. Persaud
Nurse Administrator,
Nursing Administra-
tion

Marie D. Pierre-Pierre
Med Rec Abstract,
Health Info Mgmt-
Management

Ansa Rajan
Patient Care Direc-
tor, Nur-6C Medsurg/
Neuro

Mahadeo Rampertab
Project Leader - IS,
CPOE

Sasha Richard
Unit Clerk, Critical
Care Nsg

**Monique N. Richard-
son**
Exec Asst, Nursing
Admin-Critical Care

Katherine Segui
Staff Assistant, Kidney
Aquisition Program

Sandip K. Singh
Staff Assistant,
Surgical Path

Roman Szewczyk
BioMed Tech III,
Biomedical Engineering

Valentina Vainstein
Mgr - IS, IT Business
Solutions

Christina Velez
SW Discharge Asst,
Social Work

Katline Wiss
Data Technician,
Patient Case Mgmt

Pearl Y. Yeung
BioMed Tech III,
Biomedical Engineering

NYP/WESTCHESTER

Marianne E. Brulhardt
Staff Nurse, Nursg-
Self-Injur Beh(5n)

Hersel R. Dalhouse
Concierge, Nursing
Addiction Recovery-4S



Hersel R. Dalhouse

Maryann E. Kehoe
Eval Ctr Nurse Clin,
Central Evaluation

Luis A. Marin
Plant Service Trades-
man, Paint Shop

calendar



- **October** — Breast Cancer Awareness Month.
- **October 2010 — January 2011** — The 20th Medical Complex Art Show in the Weill Cornell Medical Library at 1300 York Avenue features paintings, photographs, computer-generated art, sculpture, ceramics and handicrafts created by faculty, staff and students of NYP/Weill Cornell Medical Center and neighboring institutions. The show can be viewed during library hours, Monday through Friday, 7 a.m. to 12 midnight; Saturday, 9 a.m. to 8 p.m.; and Sunday, 12 p.m. to 12 midnight.
- **October 16-17** — The Avon Walk for Breast Cancer will take place. To learn more, contact Nancy Gautier-Matos at (212) 305-5587 or gautier@nyp.org.
- **October 17-23** — Pharmacy Week will be observed at all NYP sites.
- **October 28** — The Spanish-Language Women At Risk Breast Cancer Support Group will meet from 10 to 11:30 a.m. in the Milstein Hospital Building, 7th floor, Room 213. For more information, contact Jenny Saldana at (212) 305-9894.
- **October 28** — The annual NYP Halloween Bash will take place at NYP/Columbia from 5 to 7:30 p.m. Participants will be chosen through a raffle. For more information, contact Nancy Gautier-Matos at (212) 305-5586 or gautier@nyp.org.
- **November 4** — NYP/Columbia, Morgan Stanley Children's Hospital, NYP/Allen, the Ambulatory Care Network and the 463 7th Avenue site will hold their 20-Year Gala celebration in the Marriott Marquis Times Square Westside Ballroom from 5:30 to 9:30 p.m.
- **November 9** — Women At Risk's Laurie Bass Sklaver Annual Symposium, this year titled "Decisions, Decisions: Managing Increased Risk for Breast and Ovarian Cancer," will take place in the UJA Federation Conference Center at 130 East 59th Street (Park and Lexington), 7th floor. Refreshments will be served from 5:30 to 6 p.m.; the program will take place between 6 and 8 p.m. Seating is limited and reservations required; to make them, call (212) 305-9525 or e-mail info@womenatrisknyc.org. Admission is free.

COMPLIANCE HELPLINE



To report fraud or violations of NYP's Code of Conduct, call the Compliance Helpline at (888) 308-4435.

Anonymous calls are accepted.

classifieds



- **FOR SALE:** Four-year-old, three-bedroom, 2.5-bath furnished townhouse on Pelican Island, near Seaside Heights on the Jersey Shore. Back deck with four-person hot tub. Five-10 minutes to local beaches, with no bridges to cross. Two hours from Manhattan. Shown by appointment. Call Eileen at (914) 400-4726 or e-mail emf3@columbia.edu.
- **FOR SALE:** Extra-wide, landmark townhouse at 443 West 162nd Street. Five bedrooms, four baths, chef-style kitchen, laundry room. Arched bay windows, seven fireplaces, original detail. Outside patio, 1,200-square-foot backyard. Has a renovated one-bedroom floor-through garden apartment that can be rented. Near C train and NYP/Columbia. Contact Robert Williams at (347) 371-1220 or rwilliams@warburgrealty.com.
- **FOR SALE:** Six one-to-three-bedroom cottages in a family-friendly, historic, three-season, co-op community (70 cottages in all) one hour from Manhattan. Pool, tennis, Wi-Fi cafe. Close to Appalachian Trail, Blue Mountain Reservation, kayaking on the Hudson and Peekskill (take Metro-North Hudson Line from Grand Central). No dogs. \$42,000-\$105,000, cash sales. Annual maintenance approximately \$4,000. Visit www.reynoldshills.org.
- **FOR SALE:** Beautiful, newly renovated two-bedroom, one-bath co-op in parklike setting in White Plains. All-new kitchen appliances, including two Friedrich wall air conditioning units, new hot water heater. Two laundry rooms on property. Free parking. Near all major highways. No pets. Low maintenance. Asking \$179,900. Call Renee at (914) 557-6307 for showing.

Place your ad in *NYP* Press — FREE of charge. Space is available on a first-come, first-served basis. For more information, call Marcy at (212) 821-0579. (The publication of an ad does not indicate endorsement by the Hospital.)

If you know of any promotions that have been omitted, please report them to Human Resources at these numbers: 746-1448 (Weill Cornell); 305-5625 (Columbia).

Photos by Charles Manley and John Vecchiolla

the green pages

benefits corner



NYP ANNUAL BENEFITS ENROLLMENT IS OCTOBER 15 – NOVEMBER 15

Benefit selections made during this period will become effective January 1, 2011.

You must enroll if you:

- are making any changes to your benefits plan and/or
- want to participate in a Health Care, Dependent Care and/or Adoption Assistance Flexible Spending Account in 2011.

You do not have to take any action if you:

- are not making any changes to your current plans and/or
- do not want to participate in a Health Care, Dependent Care and/or Adoption Assistance Flexible Spending Account in 2011.

The selections you make will remain in effect for the entire year of 2011, unless you have an IRS-qualified change in status. IRS-qualified changes include marriage, divorce, legal separation, birth/adoption, change in employment status, or death of dependent.

A benefit information package will be mailed to employees eligible for NYP-sponsored benefit plans.



NEWYORK-PRESBYTERIAN TSA 403(b) PLAN

A small increase in your retirement savings rate can make a big difference in your savings over time. Whether you are a full-time, part-time or a per diem employee, consider increasing your pre-tax contribution to your NewYork-Presbyterian TSA 403(b) Plan account by 1%, 2% or even 3%. Increasing your contribution to the 403(b) Plan takes a smaller amount out of your paycheck than you might think. Since taxes are deferred on contributions and earnings, you'll reduce your current tax bill and have more money working for you so your savings can grow faster.

Speak with your On-site Participant Counselor and arrange a meeting to discuss saving more for your future:

Arlene Futterman at (212) 746-5220:

- NewYork-Presbyterian/Weill Cornell

Aida Rios at (212) 305-4361:

- NewYork-Presbyterian/Columbia
- Morgan Stanley Children's Hospital

Ralph Wilburn at (914) 627-3791:

- NewYork-Presbyterian/Allen
- NewYork-Presbyterian/Westchester
- East 38th Street
- Patient Financial Services at 7th Avenue
- Ambulatory Care Network



HEALTH CARE REFORM UPDATE

The Patient Protection and Affordable Care Act (PPACA) and Mental Health Parity and Addiction Equity Act were signed into law earlier this year. The NewYork-Presbyterian benefit plan was already in compliance with many directives of these laws, and some of the provisions were basic features of the Empire EPO & PPO plans.

However, we are required by these laws to make the following changes to the NYP plan, effective January 1, 2011:

- Mental health and/or substance use disorders treatment will have the same benefit coverage as medical/surgical care
- The \$1 million lifetime maximum benefit has been eliminated from the PPO plan.



NEW PROCEDURE FOR EDUCATIONAL ASSISTANCE PROGRAM

In an effort to provide improved service, a change has been made to the Educational Assistance Program procedure for NYP benefit-eligible employees. Effective immediately, you will no longer need to submit your application for pre-approval before your classes begin. You will only need to submit an Educational Assistance Request for Reimbursement Form with the grades and bursar's receipt at the end of the semester when you have completed your classes.

Information about this new procedure, as well as the Educational Assistance Request for Reimbursement Form, is available on the NYP Infonet. Go to for Employees, Forms and click on Tuition Reimbursement Info.

employee activities and services



TICKETS AVAILABLE AT ERRAND SOLUTIONS

Movie tickets and the sports and family entertainment tickets listed below are available for purchase at your site's Errand Solutions Desk. Tickets can be purchased by check, money order, cash, or major credit cards. You will be required to present your NewYork-Presbyterian employee ID when purchasing tickets.

For discounts on additional sports and family entertainment tickets, contact Plum Benefits, Monday through Friday, from 9 a.m. to 5 p.m., at (212) 660-1888, or log on to www.plumbenefits.com.

If you have any questions, please e-mail activities@nyp.org.

Please note: All tickets are limited to four per NYP employee. Tickets will not be held and are available on a first-come, first-served basis.

Memphis

Tuesday, October 12
Shubert Theatre
Balcony
7 p.m.
\$51.50 per ticket

In The Heights

Monday, October 25
Richard Rodgers Theatre
Orchestra
8 p.m.
\$67.50 per ticket

La Cage Aux Folles

Tuesday, November 9
Longacre Theatre
220 West 48th Street
Mezzanine
8 p.m.
\$69 per ticket

SAVE TIME WITH ERRAND SOLUTIONS

Do you spend your weekends running errands? Let Errand Solutions take care of your errands while you work, so you can spend the weekends relaxing. Your Errand Solutions site representative can help you with errands such as jewelry repair, shoe repair, dry cleaning, picking up bakery goods, auto repair and much more.

Errand Solutions can also help you get ready for Halloween. Your site representative can assist you with finding the best costumes, decorations and treats or planning the perfect Halloween party.

Errand Solutions has the following special available during the month of October which can be booked through an NYP site representative: 10% off photography fee for weddings, bar/bat mitzvahs or other special events through an Errand Solutions VendorPartner.

errand solutions at **NYP**

GREEN PAGES CONTACT INFORMATION



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BenefitsBridge@nyp.org

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