



real-life second chances

We performed more than 800 organ transplants at NewYork-Presbyterian in 2009, making our transplant program the largest one in the nation. That total includes 74 adult heart transplants and 488 kidney transplants.

Behind each number is a story of illness, fear, courage and generosity. Here are two of the stories that recently made headlines.

"it's what any parent would do"

So says Evette Leavy about the gift of a kidney that she made to her 14-year-old son, Brian, in July.

Her husband, Brian De Vale, obviously shares her belief; he donated a kidney to Brian's twin brother, Alan, in 2009.

The transplants were necessary because of a kidney-scarring disease, focal segmental glomerulosclerosis, or FSG, that both twins have. Kidney transplant offers a potential cure.

Kidney donations by both parents to their children are "very uncommon," said Sandip Kapur, M.D., Chief of Transplant Surgery at NYP/Weill Cornell. "This is the first time I'm seeing it in 14 years of doing transplants." Dr. Kapur performed the transplant surgeries on both Brian and Alan.

The path to kidney donation was easy, Mr. De Vale says. "I just walked in and had the operation." Ms. Leavy, however, was at higher

(Continued on page 3)

a team effort saves a patient



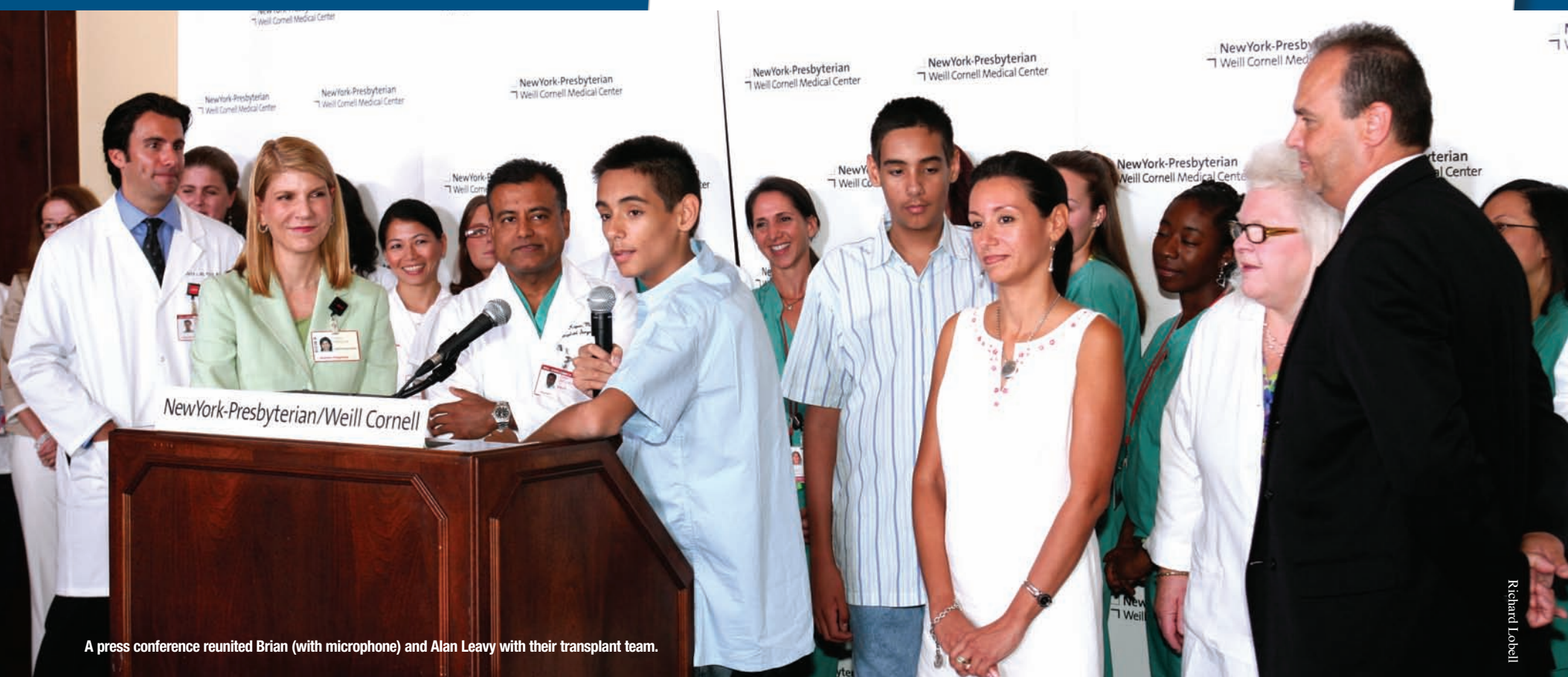
Robert Bump (on left) and Christian Volpe met a second time as heart transplant patients at NYP/Columbia.

Christian Volpe, a 67-year-old retired subway conductor who lives upstate, has survived two heart attacks and two bypass operations. After the surgeries his heart was helped to do its job by a heart pump, called a left ven-

(Continued on page 3)

tricular assist device, which was implanted in his chest. It was connected to a pair of 12-volt batteries, which he wore with other equipment in a black mesh vest. The two batteries can keep the pump running for about four hours.

Joshua Bright/The New York Times/Redux



A press conference reunited Brian (with microphone) and Alan Leavy with their transplant team.

We hope you all had a wonderful summer and are feeling energized and ready for fall. The past few months have been busy — increasing numbers of patients are coming through our doors, finances remain strong, and the quality and safety of the care we deliver continue to be outstanding. This issue of *NYP Press* covers two dramatic media stories about some of our transplant patients and the compassionate, life-saving care they received at NYP. These are just two examples of our strength as an Institution, your terrific teamwork, and the amazing things that happen here every day.

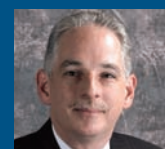
While we are doing very well on many fronts, our most recent patient satisfaction scores tell us that on all campuses, we still have work to do to reach our target score of 85.5. As we move into the latter part of 2010, we need to re-invigorate our focus on making every one of our patients' experiences the best it can possibly be. Everything we do at NYP must support our commitment to We Put Patients First. This includes the way we will soon be making decisions about next year's operating and capital budgets.

On a related note, this month we will be conducting our 2010 Employee Survey — one of the ways we can make improvements and bring about constructive change at the Hospital. Last year's Survey results show that we have made progress and we hope to use this year's Survey to continue to build on the great work that has been done. Everyone who works at NYP contributes to creating a positive work environment and providing the highest quality patient care and service, so we really count on participation from all staff in this confidential process.

While there is much to accomplish in the weeks and months ahead, we want to thank and acknowledge all of you for your continued diligence, teamwork and dedication to our patients. We look forward to a successful rest of the year!



Herbert Pardes, M.D.
President and
Chief Executive Officer



Steven J. Corwin, M.D.
Executive Vice President
and Chief Operating Officer

Richard Lobell



make your opinion count

Do you know how to make NYP a better place to work? Share your ideas by taking the 2010 Employee Survey between September 13 and October 8, by phone or computer.

To ensure confidentiality, the Survey will once again be conducted by an external survey vendor, HR Solutions.

No one at NYP will see your individual responses. The Hospital will receive only a summary of the results, and data will be reported only for individual departments with at least five employees who take the Survey.

Raffle prizes will be offered to Survey participants. If you complete the Survey between September 13 and September 19, you will be eligible to win one of 18 Apple 16 GB iPads.

In addition, four daily raffle prize winners will be selected each weekday of the Survey. Prizes for the first week will be Flip video HD camcorders; the second week, iPod Nanos; the third week, digital cameras; and the fourth week, \$25 gift cards from selected stores.

Questions? Call HR Solutions at (800) 871-3988, between 8 a.m. and 5 p.m.

once a smoker, now a proud NYP “quitter”

Editor’s note: NYP became a smoke-free environment on August 10, 2009. At the same time the Hospital established a financial incentive program to reward employees who stop smoking. Developed by Workforce Health and Safety, the program involves a three-step reward system that is implemented over a period of nine to 12 months.

To date, five employees have completed all three stages of the program, among them Eugene Ventarola, Penelope John, Kevin Duffey and Katherine Dwulet.

Mr. Ventarola, Manager of the Marketing/Physician Referral Call Center Services, was the program’s first graduate. Here is his story.

In August I celebrated my 22nd anniversary as an NYP employee. On September 1, I marked a new kind of anniversary: one year has passed since I began my journey to becoming an NYP “Quitter” through the Hospital’s smoking cessation program.

I was a one-pack-per-day smoker for 24 years, and I knew it was unhealthy. I wanted to quit smoking, but I had failed several attempts in the past. I didn’t really know how to quit smoking successfully. When the NYP smoking cessation program was rolled out, I wasn’t sure what the program could offer that I hadn’t already tried.

I knew that I badly wanted to quit, and I was willing to work with a program designed to help me reach that goal. The first lesson I learned was that wishing to quit and actually quitting are two entirely different things.

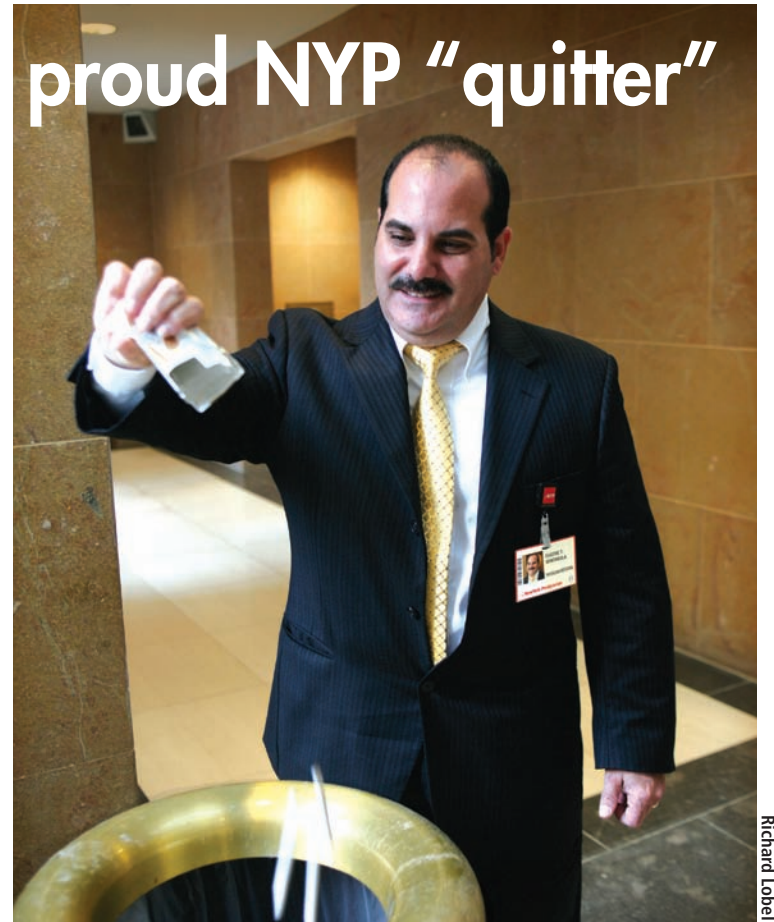
The Hospital’s support for smoking cessation involved nicotine replacement therapies, a very supportive smoking cessation program and, of course, a financial incentive. All combined, they

were the recipe for success that I was looking for. The one thing I needed to bring to the table was my honest commitment to being smoke free.

One of the biggest challenges for me was having a cup of coffee or a meal without a cigarette afterward. Another challenge was getting through stressful moments. For me, having teenagers at home provides ample amounts of stress. The difference was this time I learned not to use them as an excuse for smoking. During stressful times, I would rub my nicotine patch like a magic lamp, take a deep breath, hold for 10 seconds, and just go onward.

Here is a tip for people trying to quit: From my past failed attempts, I learned that if I had cigarettes around, I was going to smoke them. If you are trying to quit, get rid of the cigarettes and do not even consider buying a pack and trying to convince yourself “I’ll just have one.” There is no such thing. A true Quitter “quits,” so get rid of all cigarettes.

One of my program leaders



Richard Lobell

NYP’s smoking cessation program enabled Eugene Ventarola, who smoked cigarettes for 24 years, to say, “Goodbye to all that.”

was an inspiration. She was an ex-smoker living a happy, healthy and seemingly well-adjusted life being nicotine and smoke free. I wanted to be like that, too. She taught me a lot about getting over the addiction to nicotine and simultaneously conquering the habit of smoking — two different things that must be addressed.

I know it sounds like a cliché to smokers, but the health benefits are absolutely amazing. I don’t believe that active smokers can truly appreciate hearing about the health benefits of not smoking but must experience them

for themselves. But the health benefits are real, and I cannot adequately express how much healthier and better I feel today than I did a year ago.

I wholeheartedly recommend that any Hospital employee who smokes but has thought about quitting try the Hospital’s Smoking Cessation Program.

Quitting smoking can take several tries, but once you get there, it’s worth it! I remain grateful to NewYork-Presbyterian Hospital for providing me this incredible opportunity, and I am proud to say I am an NYP “Quitter.” ■



an additional incentive

NYP’s smoking cessation program offers employees who complete Stage 1 an award of \$100. Those who complete Stage 2 receive \$250, and those who complete Stage 3, \$400.

“Getting that wonderful and generous reward sealed my commitment,” says Eugene Ventarola. “Because the Hospital was willing to make such an offer, I felt compelled to do the right thing and bring the same level of commitment not to fail.”

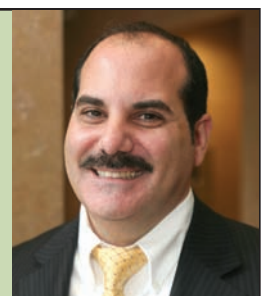
He leveraged the Hospital’s award

into a larger one, however. He says, “I used a daily tracker to show me each day how much money I saved and how many cigarettes I did not smoke. It was fun because having to track every day kept me so involved and focused on staying smoke free. As of September 1, I had \$3,650 saved, and that equals 7,300 cigarettes not smoked.

“I put \$10 a day into a small metal locked box I have. It was important for me to see and touch the actual savings. I haven’t decided just yet what to do

with the money saved, but saving \$10 a day has become so routine for me now that I’m going to continue saving and counting how many cigarettes I have not smoked.

“It was the combination of the nicotine replacement, the smoking cessation program and the financial incentive that made this work for me.” ■



Eugene Ventarola

If you are interested in learning more about NYP’s smoking cessation program, contact Mary DeSantis at NYP/Weill Cornell (see her at Payson House Basement Level, 1319 York Avenue, or call 212-746-4370) or Lesley Kondratowicz at NYP/Columbia (see her at Harkness Pavilion, 180 Fort Washington Avenue, 1st Floor South, or call 212-305-0861).

real-life second chances

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(Continued from page 1)

risk for diabetes, which can cause renal failure, and she was not considered a suitable candidate for donation.

But when Brian’s health began to fail and he faced a future on dialysis, Ms. Leavy made up her mind to become a donor. “She had to get in shape and show a commitment to lifelong health,” Dr. Kapur said.

She did just that, walking every day and eating a more healthful diet. “It wasn’t a big sacrifice,” she said, “just an adjustment.” And now, after the transplant, she says, “My life expectancy is probably longer because I’m living more healthily.”

At a press conference on August 11, the twins and their parents were reunited with the transplant team involved in their surgeries. “I feel fine,” Alan told reporters. Brian said that now he has more energy and can eat almost anything he wants. Mr. De Vale summarized the family’s experience succinctly. “Our daughter was born here,” he said. “Our sons were re-born here.” ■



The twins’ story was widely reported by media that included the *Daily News*, *Newsday*, local television stations and CBS affiliates, which broadcast it throughout the U.S.

Richard Lobell

a team effort saves a patient

(Continued from page 1)



Steven Harris NYP Media Services

Last December Mr. Volpe and his wife were shopping in Fishkill, New York, 90 minutes from their home, when Mr. Volpe heard a beep; an alarm that was warning him that his heart pump had only 15 minutes of battery power left. As he looked in his car for the bag in which he keeps spare batteries and an emergency hand pump, he realized that he had left it on a chair near the door of his home — a spot chosen to insure that he would not forget it.

“I have to admit, I panic,” he told *The New York Times*.

He could not reach his home or NYP/Columbia in time. But his wife called the Hospital’s heart-pump clinic, and a nurse practitioner told her to call 911 and ask to be taken to the nearest hospital. An ambulance got them to Vassar Brothers Medical Center in Poughkeepsie, but the hospital does not implant heart pumps and had no batteries or a hand pump. To prevent potentially deadly blood clots, the Vassar Brothers doctors began to give him a blood-thinning drug, heparin.

At the same time an NYP/Columbia nurse practitioner, Kristine Orlanes, was searching for another patient with a heart pump who was close enough to Poughkeepsie to immediately take Mr. Volpe a set of batteries. She found one in Robert Bump, 61, a building contractor who worked near Poughkeepsie. He told her he had six spare batteries of the same type as Mr. Volpe’s and said, “I’m on my way.” An electrician offered to drive him in his pickup truck and also called a friend who is a state trooper and told him the situation, saying, “We’re not stopping.” A police car met them on the road and escorted them to the hospital, helping them to make the 30-minute trip in about 20 minutes.

In the Emergency Room Mr. Bump saw Mr. Volpe lying on a gurney surrounded by doctors, nurses and his frantic wife. Mr. Volpe says, “I see this big fellow walk in. I recognized the outfit right away,” referring to the black vest. Mr. Bump slipped the batteries in place, and

At an NYP/Columbia Patient Safety Friday session, Robert Bump and Christian Volpe (center) and members of their transplant team were introduced to staff. Nurse Practitioner Kristine Orlanes (front row, third from right) played a key role in bringing the two men together in a Poughkeepsie Emergency Room.

applause broke out in the Emergency Room. Mr. Volpe said “thank you,” repeatedly.

His pump had lasted nearly an hour rather than the 15 minutes the alarm had indicated, but it was down to only a few minutes when Mr. Bump arrived.

On July 24, Mr. Bump received a transplanted heart at NYP/Columbia. While visiting him in the Hospital, his wife overheard the wife of another transplant patient say that she was from upstate. That woman turned out to be Mrs. Volpe; Christian Volpe, too, had just received a new heart.

The men were reunited in the Hospital, linked by a bond forged in the miracle of a life saved through the kindness and efficiency of strangers. ■

a master of magic visits



John Vecchione

David Blaine

David Blaine, the illusionist and endurance artist, visited NYP/Westchester on July 20, entertaining inpatients and staff and involving them in tricks done with coins and playing cards.

Mr. Blaine is best known as the man who was encased in a block of ice in Times Square for more than 63 hours and stood on a 100-foot-high, 22-inch-wide pillar in Bryant Park for 35 hours.

a bumper crop of lang graduates



Richard Lobell

College-bound Lang Scholars surrounded a beaming Eugene Lang. WABC-TV's "Tiempo" recently featured the Lang Youth Medical Program.

Eugene Lang, a philanthropist who has focused primarily on education, posed with the second graduating class of the Lang Youth Medical Program at their June commencement. The graduates had just completed the science education and mentoring program that encourages them to work toward careers in the health sciences, and 100 percent of them are going to college. Their choices include Earlham, Cazenovia and Iona Colleges, CUNY's John Jay College of Criminal Justice,

and SUNY's Fredonia, Stony Brook and Albany campuses.

Every year the Lang Youth Medical Program selects 12 to 16 middle-school students from public schools in Washington Heights/Inwood. For the next six years the students spend their Saturdays during the school year and four weeks during the summer in classrooms, laboratories and clinical settings at NYP/Columbia, working alongside medical professionals. To get involved with the Lang Program, call (212) 305-0806.

learning at the fair

How to be healthy and safe was the lesson of the 10th annual Steven Z. Miller Emergency Medicine Health Fair, held in May at NYP/Morgan Stanley Children's Hospital. More than 600 children were attracted to the fair's activities, which included tours of an NYP ambulance.

At interactive booths the children also learned about topics that ranged from nutrition and recycling to how to protect their skin from the sun and how to be safe while bicycling, swimming and using the Internet.

The Morgan Stanley Children's Hospital's Division of Pediatric Emergency Medicine sponsored the health fair.



Richard Lobell

At the fair these girls and their fellow students from Washington Heights/Inwood got to explore an ambulance.



Richard Lobell

Among those representing Healthy Schools Healthy Families at the awards presentation were Andres Nieto, Director, Community Health and Outreach (bottom row, far left); Melissa Pflugh, Program Manager (bottom row, third from right); and Maura Frank, M.D., Assistant Attending Physician (top row, third from left).

nyp program helps schools teach healthy lifestyles

All seven Harlem and Washington Heights elementary schools served by NYP's Healthy Schools Healthy Families program won Excellence in School Wellness Awards from the NYC Strategic Alliance for Health, a program funded by the Centers for Disease Control and Prevention. The awards recognize schools that work to create an environment of healthy eating and active lifestyles.

Created by NYP's Ambulatory Care Network and Columbia University's Division of Community Pediatrics, Healthy Schools Healthy Families is a school health program for medically underserved children in Northern Manhattan. It works with school staff and more than 15 community organizations to meet children's needs and help them develop healthy habits.



Richard Lobell

Summer would not be summer at NYP/Allen without a June barbecue for staff in the Hospital's garden. Showing off their skills at the grill were (from left) Security Manager John Votta and Crime Prevention Supervisor/Sergeant Julio Pujols. Robert Kelly, M.D., Group SVP, COO and Chief Medical Officer, NYP/Columbia (far right), helped serve.

"We've been doing this for about 10 years," says Michael Fosina, VP and Executive Director, NYP/Allen. "It's a nice way for the management team and staff to enjoy the day and each other's company."

wedding bells ring for a patient/bride

Few hospital stays include a wedding, but that of Syreeta Johnstone did. Syreeta married Robert Lee on July 3 in a ceremony performed on Greenberg Pavilion's 7 South lounge by the Rev. Cheryl Fox of the Department of Pastoral Care and Education.

When the bride's hospitalization forced the cancellation of the civil ceremony the couple had planned, the 7 South staff, including Staff Nurses Robin Cavaliere, R.N.; Belen Delosh, R.N.; and Steffanii Farrior, R.N., stepped in to plan an NYP/Weill Cornell wedding. With help from Lorraine Baker, Administrator, Patient Services, they made sure the festivities included flowers, cake and champagne.

After her discharge the bride e-mailed the staff, "We greatly appreciate everything 7 South and the Hospital did to make our wedding so special."



Syreeta Johnstone

AHA heart ball a showcase for heroes

The New York City Heart Ball, held annually by the American Heart Association and the American Stroke Association, is a festive affair that celebrates corporations, researchers, scientists, and cardiovascular and neurovascular physicians for their work in saving and improving lives.

At this year's Ball, held June 22 at the American Museum of Natural History, Yoshifumi Naka, M.D., Ph.D., Director of NYP/Columbia's Cardiac Transplantation and Mechanical Circulatory Support Programs, was recognized for his achievement in cardiovascular science and medicine.

Dr. Naka shared the spotlight with "Heart and Stroke Heroes," who are nurses, hospital administrators, and sur-

vivors of strokes and heart attacks. One "hero" was Michael Infantino, M.D., a New York-based cardiologist who has recovered from endocarditis and five strokes.

After being cited as a survivor, Dr. Infantino recognized Jonathan Chen, M.D., a cardiothoracic surgeon, and four nurses as his personal heroes, individuals who through their care and support helped restore him to health in NYP/Weill Cornell's ICU — Joanne Stefani, R.N.; Tara Bucholz, R.N.; Catherine Cassane, R.N.; and Derek Sutton, R.N. Although as the director of a critical care unit Dr. Infantino knew the importance of nurses' roles, he acknowledged that it was only as a patient that he learned the extent of their work.



Yoshifumi Naka, M.D., Ph.D.



Michael Infantino, M.D., a Heart and Stroke Hero, paid tribute to his own heroes — (from left) Tara Bucholz, R.N.; Catherine Cassane, R.N.; Joanne Stefani, R.N.; and Derek Sutton, R.N.

In Memoriam



Paul Milstein

• **Paul Milstein**, a noted real estate developer and philanthropist, died on August 9. He was 88.

Dr. Pardes and John Mack, Chairman of the NewYork-Presbyterian Board of Trustees, hailed Mr. Milstein as a longtime supporter, friend, and Life Trustee of the Hospital whose vision and commitment were instrumental in the creation of NYP/Columbia's Milstein Hospital Building.

Mr. Milstein is survived by his wife, Irma Milstein; children, Roslyn and Jerome Meyer, Howard and Abby Milstein, Barbara and David Zalaznick, and Edward and Robin Flanzer; and 12 grandchildren and great-grandchildren.

IMPROVING THE PATIENT EXPERIENCE

moving from “usually” to “always”

We want our patients to feel that they are receiving the best care and services all the time at NYP. The Patient Satisfaction Surveys help us identify ways we successfully serve our patients as well as areas for improvement. For many years, the Hospital has been participating in the Press Ganey Survey. Recently, the federal government mandated that all hospitals participate in a Satisfaction Survey for adult inpatients called the Hospital Consumer Assessments of Health Care Providers and Systems (HCAHPS) Survey. HCAHPS results are published on the Internet, where everyone can view them and compare hospitals' scores. In the coming year, the government will also use the results of the Survey to determine how much Medicare and Medicaid will pay hospitals for their services.

NYP's HCAHPS Survey responses show that 78 percent of patients would “definitely recommend” our Hospital to others. When asked

to rate NYP on a scale from 0 to 10 (0 being the worst, 10 being the best), 70 percent of patients rate us a 9 or 10. These scores are above the state and national averages, and we can all be proud of this achievement!

HCAHPS Survey results also help us pinpoint areas that require attention as we work to improve our patients' experience. Four Survey areas that have been identified for improvement are Responsiveness of Staff, Discharge Instructions, Pain Management, and Noise Levels Around Patient Rooms. This summer, work groups have been developing ways that we can better serve our patients in these areas. We will know we have been successful when our scores move from a rating of “usually” to one of “always.” The result will be a superior patient experience and better reimbursement for our Hospital.

Learn more about the HCAHPS Survey and our goal of creating a “culture of always” by visiting the We Put Patients First website. ■

We're Working on.....

Responsive Staff

Responsiveness to call buttons is a safety issue and a way to let patients know we care about them. Each employee should be an advocate for our patients and get them the help they need quickly. Call buttons must be answered promptly, and staff should always ask patients trying to get out of bed on their own whether they need assistance. In addition, the best practice of Hourly Rounding has been proven to enhance responsiveness.

Discharge Instructions

The discharge process can be overwhelming for patients and families. Care providers must make sure patients are educated about their condition and are capable of caring for themselves when they leave our Hospital. When teaching patients and families, it is crucial to use key words. Be sure to tell patients “these are your discharge instructions” and “I want to make sure you understand symptoms or problems to look for when you go home.” Patients should receive a discharge phone call within 48 hours after they have left the Hospital. This nationwide best practice can increase overall patient satisfaction by up to six points!

Pain Management

When a patient is in pain, five minutes can feel like an hour. Clinical care team members should address pain levels each hour during their rounds. Any staff member entering a patient's room who notices that the patient seems uncomfortable or in pain should ask, “Are you comfortable?” If a patient tells you he or she is in pain, alert a member of the clinical team. In addition to alerting clinical staff, sometimes a pillow, blanket or kind word can show patients that all Hospital employees care about the comfort and needs of our patients.

Noise Levels Around Patient Rooms

A peaceful, quiet room is the optimal place for patients to rest and heal. Every Hospital employee can contribute to making the environment quieter and more restful. Wearing rubber-soled shoes, ensuring squeaky equipment wheels get oiled, and being mindful of voice levels and conversation in patient care areas are essential to creating a healing environment. All staff should support Daily Quiet Times on patient units.



NYP's traffic light “Yacker Tracker” flashes red when noise levels rise, reminding staff that a quiet environment helps patients heal.



promotions

Human Resources reports the following promotions as of July 31, 2010.

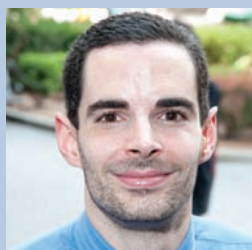
NYP/ACN

Faye Colosi
Practice Administrator,
Rangel Practice

Saskia Laborde
Patient Financial Advisor,
Clinic - Orthopedic

Dwayne Mooror
Patient Financial Advisor,
Clinic - Orthopedic

Robert Westerholm
Psychologist-PhD,
GR-RH More Program



Robert Westerholm

NYP/ALLEN

Maudlyn Christian
Second Cook,
Allen Pavilion-Food Service

NYP/CHONY

Ami Boating
Clinical Nurse II,
CH-5/6S OB & Nursery

Lynne Gardner
Patient Financial Advisor,
CH-Diagnostic Imaging Suite

NYP/COLUMBIA

Henry Arango
Admin Asst,
Circulatory Physiology

Ashim Banik
Patient Financial Advisor,
Cashier's Office

Joanna Castro
X-Ray Technologist,
MHB Radiology

Reynold David
Carpenter A,
Allen-Operation & Maint

Linda Golding
Chaplain,
Pastoral Care and Education

Michael Hardison
Waxer - Stripper,
Environmental
Services-Admin

Melissa A. Hensley
Spl-QA Microbiology,
Lab-Bacteriology CHS-3

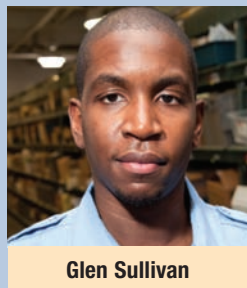
Lena M. Lai
Clinical Nurse II,
Hemotherapy Center

Diana Olarte
Psychometrist, GR-Jonas
Family Intervent Prog

Michael Peguero
Waxer - Stripper, Environ-
mental Services-Admin

Sandra Rosario
Staff Assistant,
Environmental
Services-CH

Glen Sullivan
Inventory Control Clerk,
Distribution Center



Glen Sullivan

NYP/WEILL CORNELL

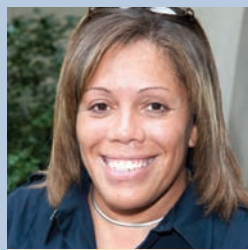
Ayse Tanseli Atilgan
Sr Regional Coord-Intl Svcs,
International Services

Daniel Chatfield
X-Ray Techn,
Radiology/Gen'l

Vanessa Chernes
Admin Assistant,
International Services

Carolyn Halik
Administrator-Fin Strategy,
Accounting

Linda Augustine
Emergency Paramedic, EMS



Linda Augustine

Karly Dexter
Clin Prgm Coord - Svc Line,
Center for Advanced
Digestive

Cristin Marie Lavelle
Spl Strategic Sourcing,
Purchng Mats Mgmt

Brian Noonan
VP-Claims-Litigation Mgmt,
Administration - VP

Ernesto Perez-Mir
Dir-Nursing, Nursing
Admin-Critical Care

Daniel Sorbello
Patient Care Director,
NUR- 2W Neuro
Science SDU

Christopher Vanhouten
Critical Care Pmdc, EMS

Cassandra Witherspoon
Senior Cashier, Cashiers

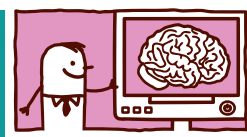
Sarah J. Woodward
Sr Social Worker,
PWC Social Svc

NYP/WESTCHESTER

Wanda A. Jacobs
Psychiatric Technician,
Nursing - Women's Unit

Joungmin Ko
Psychiatric Technician,
Nursing Schizophrenia - 3
South

Lovrenca Telesmanic
Psychiatric Technician,
Nursing - Women's Unit



volunteers needed

Are you or someone you know interested in STROKE recovery? The NewYork-Presbyterian Rehabilitation Medicine Department is conducting research focusing on arm and leg recovery from stroke, utilizing innovative technologies.

We are currently seeking participants for the following studies: 1. Post-stroke shoulder pain device; 2. Combined therapy for the wrist/hand utilizing Botox and robotics therapy; 3. Bioness L300 clinical trial for improved walking; 4. Tibion robotic leg device for improved walking; 5. NewYork-Presbyterian Hospital Stroke Registry.

If you are interested in any of these studies, or would like to be considered for future stroke rehabilitation research, please contact Grace Kim, M.S., OTR/L, at (212) 746-1356 or visit www.nyp.org/rehab-trials.

To report fraud or violations of NYP's Code of Conduct, call the Compliance HelpLine at (888) 308-4435. Anonymous calls are accepted.

calendar



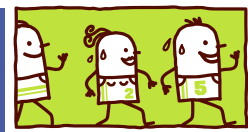
- **September 21** — Prostate cancer screening will be provided by NYP/Weill Cornell's Brady Urology Department in the Clinical and Translational Science Center at 525 East 68th Street, 2nd floor-F260, from 7:30 a.m. until 4:30 p.m.
- **September 23** — Deadline for submissions to the 20th Medical Complex Art Show, which will open at the Weill Cornell Medical Library on October 7. For more information, contact Sherisse Brown at (212) 746-3794 or sbrown@med.cornell.edu.
- **October 13** — NYP/Weill Cornell's annual Cabaret will take place at the Park Avenue Armory on Park Avenue between 66th and 67th Streets. For more information, contact Eliza Cohn at (212) 821-0967 or erc2004@med.cornell.edu.
- **October 16-17** — The Avon Walk for Breast Cancer will take place. To learn more, contact Nancy Gautier-Matos at (212) 305-5587 or gautier@nyp.org.

classifieds



- **FOR SALE:** Beautiful, move-in-ready, two-bedroom co-op in park-like setting of Bryant Gardens in White Plains. Eat-in kitchen with new refrigerator and stove. Recently painted and carpeted bedrooms. Laundry room in basement. Maintenance with STAR Program \$791.45. Unlimited, unassigned parking for residents and visitors. Convenient to all. Cats OK, but no dogs. Listing price: \$225,000. To learn more or see apartment, call Robin at (914) 282-0421.
- **FOR SALE:** Two-bedroom, two-bath waterfront penthouse condo with spectacular sunset views on North Fork near vineyards. Fireplace, renovated kitchen, marble master bath with Jacuzzi, central air conditioning, laundry in unit. Private wrap-around deck. Indoor/outdoor stereo/intercom system. Private beach. Olympic-size pool, tennis, golf. Contact at (631) 727-0626 or jtpt13@hotmail.com.
- **FOR SALE:** One-bedroom apartment in a luxury co-op on the Hudson River in Riverdale, five minutes from NYP/Columbia. Has 26-foot balcony, all-glass walls facing the river, pool, parking, and 24-hour concierge. Pet friendly. Low maintenance. Price: \$270,000. Call Daniel Wright at (718) 878-1710.
- **FOR SALE:** Six one-to-three-bedroom cottages in a family-friendly, historic, three-season, co-op community (70 cottages in all) one hour from Manhattan. Pool, tennis, Wi-Fi café. Close to Appalachian Trail, Blue Mountain Reservation, kayaking on the Hudson, and Peekskill (take Metro North Hudson Line from Grand Central). No dogs. \$42,000-\$105,000, cash sales. Annual maintenance approximately \$4,000. Contact www.reynoldshills.org.

Place your ad in NYPpress — FREE of charge. Space is available on a first-come, first-served basis. For more information, call Marcy at (212) 821-0579. (The publication of an ad does not indicate endorsement by the Hospital.)



discount offered at equinox fitness club

The Equinox Fitness Club at 74th Street and Second Avenue is offering a new corporate rate to all NYP employees and their family members. To learn more, contact Joe Vito at (212) 249-3917 or joe.vito@equinox.com.

 **the green pages**

benefits corner

YOUR NYP BENEFITS AND HEALTH CARE REFORM

As part of Health Care Reform, the Patient Protection and Affordable Care Act (PPACA) was signed into law. Provisions include changes in rules for Adult Child Coverage and drug reimbursement from Health Care Flexible Spending Accounts.

Adult Child Medical Coverage Expanded

Under the guidelines of the Health Care Reform Act, adult children of employees can be covered by their parents' medical plan through age 26. This change will be effective with the NYP benefit plan beginning January 1, 2011. It does not matter if the child is financially dependent or living with the parent, married or a student. The only consideration for coverage is that the adult child must not be eligible for any other group health coverage. Also, coverage is not available to the child's spouse or children (i.e., the participant's grandchildren).

Health Care Flexible Spending Account (FSA) Reimbursement Change

As of January 1, 2011, reimbursement for over-the-counter drugs and medicines will no longer be allowed without a prescription. In keeping with the law, even though the NYP 2010 plan extends until March 15, 2011, you will not be reimbursed for over-the-counter drugs and medicines purchased after December 31, 2010. This is important information for you to consider as you spend the balance of your 2010 account and make plans during annual benefits enrollment to participate in 2011.

NEW MONTHLY HEALTH FOCUS FOR NYP EMPLOYEES

The NYP Benefits Department has partnered with Empire BlueCross BlueShield to provide employees with monthly information to help you stay healthy. Among the topics that will be featured are protecting against skin cancer, lowering cholesterol, heart health, and nutrition. Articles relating to the topic of the month will be featured on the Benefits Infonet site. From the [Human Resources](#) page, go to [HR Support Services](#) on the left, and click on [Employee Benefits](#). You will find the link to [Monthly Health Focus](#) under [Other Resources](#). In addition, material will be available at the Benefits Service Center & Retirement Services Monthly On-Site Assistance days. Dates, times and locations are announced via e-mail each month.

employee activities and services

TICKETS AVAILABLE AT ERRAND SOLUTIONS

Movie tickets and the sports and family entertainment tickets listed below are available for purchase at your site's Errand Solutions Desk. Tickets can be purchased by check, money order, cash, or major credit cards. You will be required to present your NewYork-Presbyterian employee ID when purchasing tickets.

For discounts on additional sports and family entertainment tickets, contact Plum Benefits, Monday through Friday, from 9 a.m. to 5 p.m., at (212) 660-1888, or log on to www.plumbenefits.com.

If you have any questions, please e-mail activities@nyp.org.

Please note: All tickets are limited to four per NYP employee. Tickets will not be held and are available on a first-come, first-served basis.



Yo Gabba Gabba! Live

Sunday, October 3
Radio City Music Hall
Third Mezzanine
5 p.m.
\$40.00 per ticket
(adults and children 2 years and older)

Memphis
Tuesday, October 12
Shubert Theatre
Balcony
7 p.m.
\$51.50 per ticket



New York Mets vs. Atlanta Braves

Sunday, September 19
Left Field, Section 135
1:10 p.m.
\$60 per ticket
(adults and children 2 years and older)

New York Mets vs. Washington Nationals

Saturday, October 2
Left Field, Section 135
1:10 p.m.
\$50 per ticket
(adults and children 2 years and older)



20-YEAR GALA CELEBRATION

The Gala for employees with 20 or more years of service at the Hospital will be held on the following dates:

NewYork-Presbyterian/Weill Cornell,
NewYork-Presbyterian/Westchester,
Ambulatory Care Network and
East 38th Street

Wednesday, October 6, 2010

5:30 p.m. – 9:30 p.m.

Westside Ballroom at the

Marriot Marquis Times Square

Round-trip transportation will be provided from 1300 York Avenue by reservation only.

To reserve a seat call 746-4035 or e-mail activities@nyp.org

NewYork-Presbyterian/Columbia,
Morgan Stanley Children's Hospital,
NewYork-Presbyterian/Allen, Ambulatory
Care Network, and Patient Financial

Services at Seventh Avenue

Thursday, November 4, 2010

5:30 p.m. – 9:30 p.m.

Westside Ballroom at the

Marriott Marquis Times Square

Round-trip transportation will be provided from the Milstein Hospital Building by reservation only.

To reserve a seat call 746-4035 or e-mail activities@nyp.org

Invitations will be sent to invitees' homes with further details.

SAVE TIME WITH ERRAND SOLUTIONS

Errand Solutions is committed to helping you save time. While you work, they can take care of your dry cleaning, jewelry repair, car repairs, shipping and much more. Stop by to speak with your NYP site representative about what they can do for you, and enjoy this free employee benefit.

September is the start of the new school year. Errand Solutions can help you find savings on everything you need for back to school. Are you attending or planning a fall wedding? They can order flowers, gift baskets, and cakes, and even help plan the event.

Errand Solutions has the following specials available during the month of September. They can be booked through an NYP site representative:

- 5 percent off the best available rate at the New York Hilton
- 10 percent off photography fee for weddings, bar/bat mitzvahs or other special events through an Errand Solutions VendorPartner.



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