

## NewYork-Presbyterian featured in prime-time TV series

# NY MED



Premieres July 10<sup>th</sup>  
Tuesdays 10pm

# A Message from Dr. Corwin and Dr. Kelly

NewYork-Presbyterian Hospital is committed to delivering the highest quality, most compassionate care and service to our patients and their families. To fulfill our commitment, we are focused on having the best physicians, nurses, and staff and making sure that everyone understands the importance of their individual contribution to providing the best possible care experience. We are very excited to showcase our amazing staff and demonstrate our dedication to *We Put Patients First* during the television premiere of “NY Med” at 10 p.m. on July 10. Details about this 8-part medical documentary series that features NYP are inside this issue. Please tune in!

Further validation of the terrific work being done at our Hospital came with last month’s release of *New York* magazine’s 2012 “Best Doctors” list. For the twelfth year in a row, NewYork-Presbyterian had more physicians on the list than any other institution. This reflects the outstanding work not only of our doctors, but of our thousands of staff that support them in delivering extraordinary patient care every day.

Finally, NewYork-Presbyterian is the top tri-state-area hospital on this year’s *U.S. News & World Report* list of “Best Children’s Hospitals,” ranking in 9 out of 10 specialties. This distinction reflects reputation, volume and other patient-care-related factors, and is possible thanks to the talent and dedication of the entire NYP team. We are disappointed that we did not make the national Honor Roll this year and are focused on what we need to do to return to the list next year. Most importantly, our recognition as the best children’s hospital in New York is a testament to the great care we provide to our young patients and their families.

Keep up the great work. We applaud and thank all of you! ■

**Steven J. Corwin, MD**  
Chief Executive Officer  
NewYork-Presbyterian Hospital

**Robert E. Kelly, MD**  
President  
NewYork-Presbyterian Hospital



Eugene Lang, the philanthropist who founded the Lang Youth Medical Program (center), joined Dr. Corwin (left) and Herbert Pardes, MD, Vice Chairman of the NYP Board of Trustees, at the program’s June graduation ceremony. (See story below.)



Dr. Kelly thanked NYP volunteers at the reception held at the Bryant Park Grill in April to recognize their important contributions to the Hospital.

## Inside This Issue



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## Mentored Students Are College Bound

Ten students from Washington Heights-Inwood graduated from the Lang Youth Medical Program in June. They are the fourth class of students to have completed six years of Saturdays and summers at NYP being mentored by Hospital staff in preparation for careers in health care.

Guided by NYP doctors and researchers, the students learned about medical technology, observed operations and attended medical lectures.

Their hard work has paid off. The 10 have been accepted at four-year colleges and received scholarships and grants totaling more than \$445,000.



Wearing the sweatshirts of the colleges they will attend, jubilant graduates of the Lang Youth Medical Program held their diplomas high.

In the fall they will head to Lehman College, Columbia University, Cornell University, the University of Wisconsin-Madison, Syracuse University, Hunter College, the University of Michigan, Clark University, and Binghamton University, SUNY.

Nine of the 10 Lang graduates will be the first members of their families to attend college. ■

## NYPpress

Volume 14, Issue 7 • July 2012

**NYPpress is published by the Public Affairs Department.**

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Photography by Jason Green, Brad Hess, Richard Lobell, Charles Manley, NYP Media Services/Steve Harris, Amelia Panico and John Vecchiolla.

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# A Mighty Response to Health Reform

## HERCULES

is a key Hospital-wide initiative that is helping us find opportunities to become more efficient and enhance our revenue, in order to meet the challenges of health care reform while continuing to provide the highest-quality, most compassionate care and service to our patients. ■

## Handled Right, Waste Yields Savings

**I**n 2011 alone NYP disposed of 1,092 tons of regulated medical or red bag waste as well as 1,413 tons of recyclable materials and 8,924 tons of regular trash. Our total waste removal cost for these three streams across all sites was over \$1.5 million.

There are savings in these mountains of waste that could be realized by our segregating waste materials properly. A HERCULES Corporate & Support Services team led by Bernadette O'Brien, VP, Support Services, NYP/Columbia, has set itself the task of achieving these savings. The team's goals are to:

- reduce the volume of regulated medical or red bag waste by 10 percent
- reduce improper use of confidential document shredders
- increase the volume of blue bin recycling by 5 percent.

If the team's efforts succeed, the Hospital will save \$70,000 annually.

### Regulated medical or red bag waste

Since the 1980s, when regulated medical waste washed ashore on New Jersey beaches, many hospital employees in the area have tended to put all waste in red bags. In fact only blood-soaked materials belong in red bags.

Because red bag waste is sterilized offsite in autoclaves, equipment that uses steam, before it is landfilled, its disposal costs approximately five times more than that of regular trash.

### Confidential documents

Gray bins of the Shred-it company are placed throughout NYP as receptacles for papers containing patient or other confidential information. Shred-it collects the bags inside the bins, shreds the papers in vehicles it brings to the Hospital, and then recycles the shredded paper.

The Shred-it bins are more expensive than the regular blue bins used for recycling other materials, so it is important to put only confidential documents in the gray bins.

### Recycling

Blue recycling bins are placed throughout NYP in all areas, including cafeterias. They should be used for non-confidential papers as well as for plastic bottles with their screw tops removed (water bottles, Clorox wipe containers), cardboard (glove boxes, supply boxes), aluminum cans and glass food and drink containers.

For the contents of blue bins to be recycled, they must be placed in a blue bag. Once a bag leaves a bin, its color is the only indication of how it should be disposed of. If a blue bin in your area does not contain a blue bag, please ask Environmental Services staff to provide one.

Do not use blue bins for cups, gloves, medical device plastic bags, candy wrappers, chip bags, tissues, paper towels, or hats, gowns or booties. If the recycling load that leaves the Hospital is more than 10 percent contaminated, the entire load will be downgraded to trash, and nothing will be recycled. Every item counts. Recyclable materials cost less to dispose of than other waste, so using the blue bins appropriately will yield savings. ■

## We're Making Progress!

Working with the HERCULES Corporate and Support Services team, including Environmental Services and the Sustainability Officer, these NYP teams have cut the costs of waste disposal.

### NYP/CU

- The Adult ED had 36 red bins, which patients and staff were filling up with non-medical trash. One-third of the bins were removed, and the amount of red bag waste shrank significantly.
- The Periop Green Team developed an audit mechanism to track compliance of red, clear and blue bag waste segregation.
- The Sage food retail area on Milstein 2 made public recycling stations available.

### NYP/WC

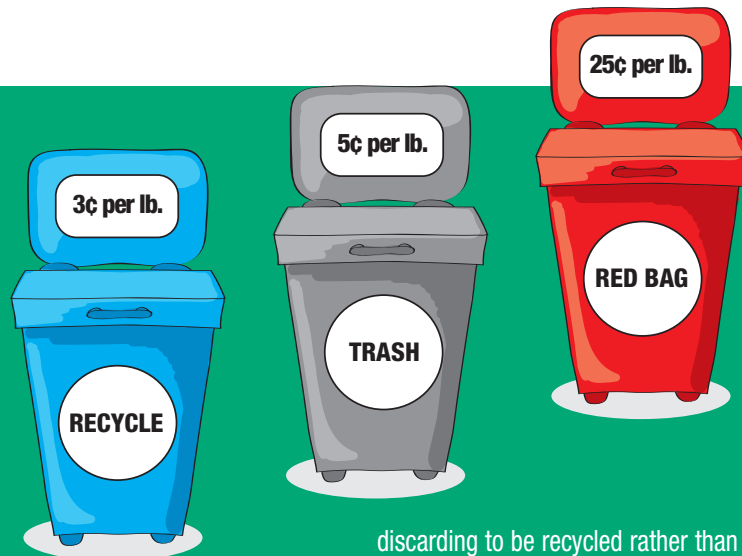
- The Periop Green Team recycles in the cores and rooms and incorporates waste segregation into new employee orientation.
- The OR Perfusion team has begun to rinse perfusion bypass circuits with saline and dispose of them in

clear bags rather than in red bags. Perfusion uses 1,100 circuits per year. At 10-11 pounds each, they translate into 11,000 pounds diverted to clear bag trash per year.

- The Environmental Services worker assigned to Greenberg 2 West worked with the Patient Care Director to monitor improper disposal of regulated medical waste and report practices back to staff.
- The CT-ICU staff collaborated with Environmental Services to remove all red bins from patient rooms. A roll of red bags is kept in the soiled utility room for staff to use when needed. Doctors, nurses and technicians were educated about proper disposal of regulated medical waste.
- The Med/Surg Supply Utilization group developed signage posted inside soiled utility rooms to remind staff of high red bag costs.

### NYP/MSCHONY

- The Periop Green Team has implemented recycling inside the OR cores and rooms.
- The Pediatric ED reduced the num-



ber of red bins from 30 (one in each room) to five (three bins in the soiled utility rooms, two in the trauma bays).

### NYP/Allen

- The Periop Green Team implemented recycling inside the OR cores and rooms.
- The ED reduced the number of red bins from 14 to two.
- Throughout the second and third floors, small red bins replaced the large ones to reduce volume.
- Environmental Services and Facilities arranged for tons of metal cabinets that a department was

discarding to be recycled rather than disposed of in the trash.

### NYP/WD

- This site does not generate much regulated medical waste. For years it has partnered with the City of White Plains on a strong recycling program at NYP/WD.
- NYP/WD has a robust Green Team and was recently recognized as the first and only hospital in the Westchester Green Business Challenge.

Contact Jessica Prata at [nypgreen@nyp.org](mailto:nypgreen@nyp.org) to learn how to become a Green Champion.

## Share Your Ideas



We need everyone's help, so please share your project ideas with your manager or email them to [hercules@nyp.org](mailto:hercules@nyp.org).

# New York-Presbyterian featured in prime-time TV series

## NY MED



Premieres July 10<sup>th</sup>  
Tuesdays 10pm



**A**BC News will premiere its highly anticipated medical documentary series “NY Med,” chronicling the inspirational stories of patients and staff at NYP, in July. This is the first time that a New York hospital or academic medical center will be profiled in a television medical documentary series.

The eight-part series, which will air at 10 p.m. every Tuesday night, will take a fresh look at life inside a top-ranked academic medical center as told in the words and from the point of view of the patients, faculty and medical staff.

ABC News President Ben Sherwood says, “Real and riveting, ‘NY Med’ is sure to enlighten, engage and inspire viewers this summer.”

“Medicine is a universal subject,” says Executive Producer Terry Wrong. “At some point in our lives, we or those we love will become patients, for one reason or another. This series takes you behind the curtain to learn about those we depend on to fix us and how sometimes they just can’t.” ■

**Watch online: [www.nymedshow.com](http://www.nymedshow.com)**







## Give the Gift of Life

The goal of NYP's 2012 blood drive is to surpass last year's record-setting total — 3,830 pints.

Because fewer individuals give blood in summer, this season is the most critical time to give. According to the New York Blood Center, patients in the New York region need nearly 2,000 people a day to roll up their sleeves to donate.

You can give blood on these dates:

### NYP/Columbia, Milstein Lobby

Wednesday, July 18, from 9 a.m. to 6 p.m.; Thursday, July 19, from 9 a.m. to 8 p.m.; Tuesday, July 24, from 9 a.m. to 6 p.m.

### NYP/Allen, Thayer Conference Rm

Tuesday, July 17, from 11 a.m. to 7 p.m.

### NYP/Weill Cornell

Monday, July 2, from 9 a.m. to 6 p.m. in the Garden Cafe. The following drives will take place in the Cayuga Room: Tuesday, July 3, from 9 a.m. to 6 p.m.; Thursday, July 12, from 9 a.m. to 6 p.m.; Wednesday, July 18, from 9 a.m. to 6 p.m.; Tuesday, July 24, from 9 a.m. to 6 p.m.; Wednesday, July 25, from 9 a.m. to 6 p.m.

### Morgan Stanley Children's Hospital, Wintergarden

Monday, July 16, from 9 a.m. to 6 p.m.

### 463-7th Avenue, busmobile parked on 36th Street

Thursday, August 2, from 9:30 a.m. to 4:30 p.m.



## COMPLIANCE HELPLINE

To report fraud or violations of NYP's Code of Conduct, call the Compliance Helpline at (888) 308-4435.

Anonymous calls are accepted.

## CORRECTION

In the June issue of *NYP* Press, the nursing team identified on page 1 as "NYP/Columbia" was Nursing's Recruitment Committee rather than Nursing Excellence Award winners. The photo of the Nursing Excellence Award winners appeared on page 4. We regret the error.

## classifieds



■ **FOR SALE:** Beautiful 1940s center hall colonial home in Bloomfield, New Jersey (Essex County). Three bedrooms, two full baths. Hardwood floors throughout. Modern, eat-in kitchen with all new stainless steel appliances, granite countertops, skylight and island. French doors in living room lead into spacious family room with bay windows and wood-burning stove. Large, fully fenced, level yard and patio. 25 minutes from NYP/Columbia. Price: \$359,000. Contact Deborah Lebow at (973) 670-6717.

■ **FOR SALE:** Bright, airy, two-bedroom, one-bathroom apartment on corner of 79th and Amsterdam. Completely renovated bathroom, great light, updated kitchen. Easy access to all transportation. Photos available upon request. To schedule a showing, contact kimshankman@gmail.com or call (646) 325-8984.

■ **FOR SALE:** Prewar classic 6 co-op in the Carnegie Hill neighborhood (Lexington between 93rd-94th). Convertible three bedrooms, 2.5 baths. On 11th floor with gorgeous views. Oversized living room with wood-burning fireplace, formal dining

room, windowed kitchen. Plenty of closets, including extra large walk-in. Full-service building with landscaped roof deck close to Central Park, transportation and restaurants. Pets allowed. Price: \$1,450,000; maintenance: \$2,552. Contact Debbie Baum at (212) 821-9158 or (917) 697-1359.

■ **DRIVER WANTED:** For commute to NYP/Columbia from Suffern/Spring Valley/Nanuet, New York, or Ramsey, New Jersey (flexible). Start times would be 8 a.m. and 4-4:30 p.m. Will share expenses. If interested, call (845) 368-1336.



## promotions

Human Resources reports the following promotions as of May 31, 2012:

### NYP/ACN

**Maribel Cruz**  
Certified Medical Assistant, Medical Group Practice



Stefany Martinez

**Stefany Martinez**  
Medical Assistant, Allen Pavilion-VTOP

**Jennifer Martinez**  
Patient Fin Advisor-Pat Access, ACN Audubon Practice

**Franceska Morantin**  
Certified Medical Assistant, Family Medicine Program

**Idaliz Teran**  
Certified Medical Assistant, Clinic-Eye Adult

### NYP/ALLEN

**Marie Brown**  
Emergency Room Technician, 1-RW-Emergency Rm - Allen



Marie Brown

**Bienvenido Baez**  
Equipment Technician, Receiving/Delivery-Allen

**Marie Finn**  
Dir-Nursing, 1-RS-Administrat - Allen

**Mike Michel**  
Equipment Technician, Receiving/Delivery-Allen

**Cleo Powell**  
Patient Fin Advisor-Pat Access, Allen-X-Ray

**Lattysha Rivera**  
Associate-Human Resources, Allen-Human Resources

### NYP/COLUMBIA

**Elizabeth Alfonso**  
Senior Clinician-Physical Ther, Inpatient Rehabilitation Thera

**Rebecca Ammon**  
Sr-Recruiter, HR-Employment Services

**Stephanie Awekey**  
Analyst-Transplant Compliance, Liver Transplant Program

**Wendy Crichlow**  
Registered Ultrasound Tech, Ultrasound Milstein-3

**Eugenia De Jesus**  
Transporter - Messenger, Emergency - A

**Morris Ezumab**  
Licensed Practical Nurse, Endoscopy Suite

**Robin Ferrer**  
Patient Care Director, PH-4 Dialysis Unit

**Marilyn Frank Sinanan**  
Analyst-Medical Chart, Health Information Management

**Marie Jean-Baptiste**  
Analyst-Medical Chart, Health Information Management

**Neville Jemmott**  
Administrative Assistant, Human Resources-Presbyterian

**Acheaw Kumih**  
Central Processing Tech-Cert, Sterile Supplies



Ariel Lenarduzzi

**Ariel Lenarduzzi**  
OD Consultant - COLE, COLE

**Tracey Lewis**  
Dir-Clinical Services, Office G.M. Ancillary

**Nicole Manbru**  
Staff Assistant, Cardiac Transplant Program

**Karin Pierre-Louis**  
Staff Nurse, MB-9GS Medical

**Douglas Scarlett**  
Lead Carpenter, Carpentry Dept

**Valdez Shaw**  
Lab Technologist - 2 Licenses, Core Lab-Chemistry

**Marie Surin-Joseph**  
Processing Tech, Ambulatory Laboratory Services

**Tamari Turnbull-Lewis**  
Spl-Doc Improvement, Documentation Improvement

### NYP/WEILL CORNELL

**Anthonia Ajimavo**  
Staff Nurse-RN, NUR-14N BARIATRIC/GI

**Michele Allison**  
Sr-Recruiter, HR-Employment Services

**Mildred Ayala-Bryant**  
Patient Registrar, Rehab Medicine

**Michael Chapman**  
Prgmr Analyst II - IS, CPOE

**Lai Chin**  
Mgr-Pharmacy, Pharmacy

**Curtis Chin**  
Project Leader-Ret Svcs, Pension

**Rose Davis**  
Staff Nurse-RN, Critical Care Nsg - Emerg Room

**Inga Dawe**  
Clinical Manager, Electrophysiology

**Veronica Dixon**  
Staff Nurse-RN, NUR-7N WCH OBS (CCN)

**Washington Frimpong**  
Coord-Respiratory Care Prgm, Respirator Fit Testing

**SarahJane Guida**  
Mgr-Regulatory Activity, Regulatory & Quality Info Mgmt

**Yahaira Hernandez**  
Analyst-Financial, Patient Accounts



Dominique Davenport

**Dominique Davenport**  
Nurses Aide, NUR-6N & 6NR WCH PEDS

**Robert Kallen**  
Staff Nurse-RN, NUR-8W CRIT BURN (ICU)

**Pamela Kline**  
Coord-Program, Center for Advanced Digestive

**Nicole Labossiere**  
Spl-Communications-EMS, EMS

**Brian Lu**  
Administrative Assistant, Stich Radiation Ctr

**John Mauriello**  
Rad Spl Cross Sect-MRI, Radiology-MRI

**Isleen Ortiz**  
Patient Care Tech, NUR-14S MEDSURG (AM)

**Sarah Pascoe**  
Prgmr Analyst III - IS, Clinical Information Systems

**Tara Sutter**  
Clinical Manager, OR

**Carlecia Tucker**  
Tech-Emerg Dept, Critical Care Nsg - Emerg Room

**Glynis Villarica**  
Lead Technologist, Central Lab

### NYP/WESTCHESTER

**Bryan Forbes**  
Psychiatric Technician, Nursing - Women's Unit



Bryan Forbes

If you know of any promotions that have been omitted, please report them to Human Resources at these numbers: 746-1448 (Weill Cornell); 305-5625 (Columbia).

## Red Carpets Rolled Out for Teen Patients

Spring means proms for teenagers of a certain age, and teens who are inpatients, outpatients and former patients at the Phyllis and David Komansky Center for Children's Health and Morgan Stanley Children's Hospital are no exception.

They danced the night away at both sites on Saturday evenings in May and June in prom-like settings complete with dinner, deejays, red carpets and a limousine for photo ops.

Designers, department stores and anonymous donors provided formal wear and jewelry, and professional hairstylists and makeup artists donated full salon treatments.

"Tonight Is the Night" was the theme of the Komansky Center event — the first ever for patients there. The Center's Youth Advisory Committee, made up of teen patients, helped plan the evening.

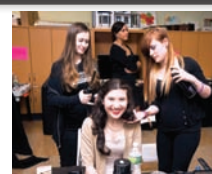
At MSCH, the Children's Helping Advisory Team (C.H.A.T.) helped organize their prom as an evening "Around the World."

"The most exciting thing is getting to see it all come together," said one organizer, Lisa Cohen, 14.

"Kids with chronic illnesses are in and out of the Hospital and miss the normal things like parties and holidays," said Lisa Stein, the mother of a patient. "The prom reminds them that they're just kids and lets them be special for a reason other than their illness. It's nice to see them having fun — that's what it boils down to."



NYP/Morgan Stanley Children's Hospital



NYP/Weill Cornell's Komansky Center for Children's Health

## Walking for a Cause

Autism Speaks, North America's largest autism science and advocacy organization, held its 11th annual Westchester/Fairfield Walk Now for Autism Speaks fund-raiser and awareness event at NYP/Westchester on June 3.

Herbert Pardes, MD, Vice Chairman of the NYP Board of Trustees, and Harry

and Laura Slatkin, founders of the New York Center for Autism, were the honorary walk chairs. All proceeds support Autism Speaks' work to increase awareness about the growing autism epidemic, fund innovative autism research and family services, and advocate for the needs of individuals

with autism and their families.

"We were thrilled and honored to be hosting the 11th annual walk on our campus this year," says Dr. Corwin. "To see so many people here who are committed to making a difference in the lives of so many children and families is extraordinary and inspirational

and makes us proud to partner with Autism Speaks in advancing treatment, research and family resources that support all those who struggle with autism spectrum disorders."

NYP staff also took part in a Walk Now for Autism Speaks Walk held on June 3 at the South Street Seaport.



The tall ships of the South Street Seaport Museum served as a backdrop for the NYP contingent in the Walk Now for Autism Speaks event in lower Manhattan.



The 15,000 individuals who participated in the Westchester/Fairfield Walk Now for Autism Speaks event walked two miles on the bucolic grounds of NYP/Westchester.



# Patient Centered Care Grants Promote Innovation and Empathy

**T**he 2012 Patient Centered Care Grants were awarded on June 28 to 21 teams and departments across NYP to fund innovative projects designed to enhance the patient experience. Each year NYP's dedicated Volunteer Department raises \$50,000, which the Hospital matches, to award a total of \$100,000 to these projects. This year there were 152 submissions, which were reviewed by a committee of active Hospital volunteers and employees. Many of the winning projects focus on addressing the emotional needs of our patients and their families. The 2012 grant recipients are:



The project that Eric Dubinsky, Associate, Development, suggested will provide post-surgical camisoles for uninsured or underinsured breast cancer patients.



The grant requested by Senior Social Worker Amy Miranda will buy dollhouses for use as a tool in play therapy with children.

## **NYP/ALLEN Social Work**

Submitted by:  
**Sharon Stalman**

This grant will provide a relaxing, private area in the NICU at NYP/Allen for new mothers using a breast pump. This practice is required of most of the new mothers whose premature or medically unstable babies cannot be directly breastfed.

## **Endoscopy & Ambulatory Surgery Unit**

Submitted by:  
**Catherine Davis, Eugenia Minton & Mary Nolan**

This grant will provide funding to purchase a vein illuminator. Venipuncture is the most common invasive procedure that can cause patients unnecessary pain and anxiety. Using a vein illuminator will decrease this pain and anxiety.

## **AMBULATORY CARE NETWORK Speech Pathology**

Submitted by:  
**Winston Cheng, Michelle DiMattia & Amy Horton**

Funding will provide parents and caregivers of pediatric patients who have feeding/swallowing disorders with adaptive feeding devices and oral stimulation products. These devices will help the patients develop safe and age-appropriate feeding and swallowing skills.

## **Pediatric Psychiatry**

Submitted by:  
**Amy Friedman**

This grant will fund the purchase of white noise machines for Pediatric Psychiatry. During the course of treatment patients may express emotions not only with providers but also with their families. A white noise machine system can provide more privacy during those therapeutic interventions.

## **Washington Heights Family Health Center**

Submitted by:  
**Celia Chu-Diep & Asqual Getaneh**

This grant will provide funding for Paso a Paso (Step by Step), a set of weight management classes provided at Washington Heights Family Health Center. Paso a Paso's goal is to provide sound information to help patients lose weight through small, healthier and consistent changes.

## **Irving Sherwood Wright Center On Aging**

Submitted by:  
**Mary Ballin**

This grant will provide funding for exercise classes for our geriatric community. It will emphasize stretching, gentle weight training, and exercises to help improve flexibility and strength. The exercises will be held in a group setting, and patients will be provided with a take-home DVD to encourage them to continue improving and maintaining their fitness.

## **NYP/COLUMBIA Women At Risk Program**

Submitted by:  
**Eric Dubinsky**

This grant will provide funding to provide uninsured or underinsured breast cancer patients access to post-surgical camisoles. These camisoles hold the breast drain in place and are useful throughout the entire reconstruction process.

## **Surgical Intensive Care Unit**

Submitted by:  
**Ronald Guerrero**

This grant will provide funding to purchase a paging system for the Surgical Intensive Care Unit. This system will provide immediate alerts among patients, their families and health care staff and will reduce family members' anxiety by allowing them to move about freely.

## **Nursing – Milstein 5 Garden South Cardiac Telemetry**

Submitted by:  
**Dianna Smith**

This grant will provide funding for sleeper chairs so that patients' family members can stay at their bedsides. Sleeper chairs will provide a comfortable environment, reduce the patient's stress and enable family members to be within reach.

## **Nursing – Milstein 7 Hudson North**

Submitted by:  
**Scott Stewart**

This grant will provide funding for noise-canceling headphones. These headphones will decrease the patient's exposure to the unit's incidental and unavoidable noises, such as stepdown monitors and early morning admissions.

## **Nursing - Oncology**

Submitted by:  
**Joan Kaiser**

This grant will provide funding for two Reverie Harps for use by patients on the Milstein Oncology units. Music therapy is safe, tolerable and more than acceptable to cancer patients at the end of life. Patients note that with music they have less pain and depression, and the music boosts their feelings of relaxation.

## **NYP/MORGAN STANLEY CHILDREN'S HOSPITAL Child Life & Family Advisory Council**

Submitted by:  
**Toni Millar & Marni Lane**

This grant will provide funding for Tuckadream pillows. These pillows provide a comforting and colorful companion to chase children's nightmares away and inspire positive dreams.

## **Neonatal Intensive Care Unit**

Submitted by:  
**Norene Dove, Ramon Abuedo & Shevy Kahan**

Funding will be used to purchase web-cameras. Circumstances can prevent families from visit-

ing the NICU as often as they would like. Web-cameras will allow parents to see their child 24 hours a day from any location.

## **Pediatric Intensive Care Unit**

Submitted by:  
**Amy Jones**

Funding will provide a bereavement cart and rocking chairs for patients and their families at the end of life.

## **NYP/WEILL CORNELL Rehab Medicine**

Submitted by:  
**Nicole Psomas**

Funding will give post-surgical bariatric patients a compact education kit to help them begin exercising safely and build a foundation for an active and healthy lifestyle.

## **Food & Nutrition**

Submitted by:  
**Amy Gross, Rachel Neifeld & Team**

This grant will provide funding for healthy snacks for pregnant and nursing mothers.

## **Child and Adolescent Outpatient Psychiatry**

Submitted by:  
**Amy Miranda**

This grant will provide funding for 10 furnished dollhouses that will provide young patients with opportunities to explore their conflicts through play.

## **Rehabilitation Medicine & Quality & Patient Safety**

Submitted by:  
**Golda Widawski & Sarah Spool**

This funding will be used to purchase lift recliner chairs that facilitate safe bed-to-chair transfers for patients who struggle with getting out of bed.

## **Perioperative Services**

Submitted by:  
**Traci Steinberg**

This grant will provide funding for virtual windows. Research has proven that virtual windows provide the healing presence of daylight, which promotes a healing environment.

## **NYP/WESTCHESTER Patient Care Services/ Inpatient Behavioral Health**

Submitted by:  
**Sharon Ward-Miller, Elizabeth Farley & Michael Radosta**

This grant will fund the development of a noise reduction program that will develop positive interventions to reduce noise.

## **Health Education**

Submitted by:  
**Elizabeth Harris**

Funding will establish an Integrative Medicine program for NYP/Westchester's inpatient units. It will consist of daily activities in aromatherapy, meditation, relaxation, yoga and movement. The grant will fund supplies for all 12 inpatient units for a year.

## Benefits Corner



### VOLUNTARY BENEFITS ENROLLMENT REMINDER

The annual enrollment period for the voluntary insurance benefit plans will continue through August 31. Counselors are available to meet with you to answer questions and provide details about the enhanced Short-Term Disability plan, Specified Disease Insurance for Critical Illnesses, and Universal Life Insurance. For more information about these plans, or to schedule an appointment with an Enrollment Counselor, call (800) 229-5129, ext. 248.



### FALL SEMESTER PRE-PAID TUITION DEADLINE IS AUGUST 1

If you are participating in the pre-paid feature of the Education Assistance Program for the 2012 Fall semester, you must submit the Education Assistance Agreement to the Human Resources/Tuition Department by August 1. The Education Assistance Agreement form is available on the Infonet on the *Employees* page under *Forms*.

You can fax the completed form to (212) 585-6656 or scan/email to [tuition@nyp.org](mailto:tuition@nyp.org).



### INTERNATIONAL EMPIRE MEDICAL COVERAGE

If you need emergency medical services when traveling outside the United States, the Empire BlueCross BlueShield program provides coverage through an international network of hospitals, doctors and other health care providers. You are assured of receiving care from licensed health care professionals, and that at least one staff member at the hospital will speak English or translation service will be provided. Follow these steps to obtain coverage:

► Before you leave home, call (804) 673-1177, 24 hours a day, seven days a week, for the names of participating doctors and hospitals in the country you plan to visit. Outside the U.S., you may use this number by dialing an AT&T Direct@1 Access Number, which can be obtained from the AT&T website.

► If you need medical care, show your Empire ID card at the hospital or in the doctor's office. If you're admitted, you will have to pay only for expenses not covered by your contract, such as co-payments, coinsurance, deductibles and personal items. Remember to call Empire within 24 hours, or as soon as reasonably possible.

► If you receive outpatient hospital care or care from a doctor in the program, pay the bill at the time of treatment. When you return home, submit an international claim form and attach the bill. This claim form is available from the health care provider or by calling BlueCross BlueShield at (800) 342-9816. Mail the claim to the address on the form. You will receive reimbursement less any co-payment and amount above the allowed amount.



### ENHANCED WEBSITE FOR DIVERSIFIED

Our vendor for the NYP 403(b) Plan, Diversified, has enhanced its public website, [www.divinvest.com](http://www.divinvest.com). The website has a new, improved look that allows for easier navigation through the site. Some new features of the website include an improved News Updates Page and direct links to social media sites.

The NYP Diversified page, accessed from the Infonet, at <https://www.divinvest.com/plan/nyp/index.jsp> has not changed.

## GREEN PAGES CONTACT INFORMATION

### Benefits Corner

(212) 297-5771

[BenefitsBridge@nyp.org](mailto:BenefitsBridge@nyp.org)

### Employee Activities

(212) 746-5615

[activities@nyp.org](mailto:activities@nyp.org)

### Other Green Pages News

[hrweb@nyp.org](mailto:hrweb@nyp.org)



## Employee Activities



### DISCOUNT TICKETS MOVIE TICKETS

Discounted AMC movie tickets can be purchased at your site's Gift Shop.

### SPORTS, THEATER AND FAMILY ENTERTAINMENT TICKETS

Discounted sports and family entertainment tickets are available online from the following:

#### ► Plum Benefits

Log on to [www.plumbenefits.com](http://www.plumbenefits.com) or call (212) 660-1888, Monday through Friday, from 9 a.m. to 5 p.m.

#### ► TicketsAtWork.com

Log on to [www.ticketsatwork.com](http://www.ticketsatwork.com) or call (800) 331-6483. The company code is **NYP**.

#### ► Working Advantage

Log on to [www.workingadvantage.com](http://www.workingadvantage.com). The NYP member ID number is **99042364**.

#### ► GoldStar

Log on to [www.goldstar.com](http://www.goldstar.com).

#### ► Corporate Offers

Log on to [corporateoffers.com/corporate-access/offers/broadway.php](http://corporateoffers.com/corporate-access/offers/broadway.php).

You can also access theater and sporting events on the *Employees* page of the Infonet by clicking on *Discounts & Perks* under *Quick Links*.

If you have any questions, please email [activities@nyp.org](mailto:activities@nyp.org).



### NY YANKEES JULY HOME GAMES DISCOUNT

During the month of July, NYP employees can receive a 10 percent discount on all home game tickets to see the Yankees play against the Los Angeles Angels of Anaheim, the Toronto Blue Jays, the Boston Red Sox and the Baltimore Orioles. This offer is available online only and expires on July 31.

• To purchase, log on to [www.workingadvantage.com/nyp](http://www.workingadvantage.com/nyp). The NYP member ID number is **99042364**.

• Click on the event you are interested in and add tickets to your cart.

• Enter **Yanks10July** in your Shopping Cart under *Add Promotion Code*. The discount will automatically be reflected in your cart.

### EMPLOYEE DISCOUNTS



### LAKE COMPOUNCE FAMILY THEME PARK

Lake Compounce, New England's Family Theme Park located in Bristol,

Connecticut, is offering a discount to NYP employees. Tickets are \$28.60 each (regularly \$36.99) and are valid for anyone four years and older. Tickets are valid for admission to the park for one day during the regular 2012 operating season and allow for unlimited use of all rides, attractions, and shows, except the Skycoaster and Haunted Graveyard, and include free, unlimited soda all day.

• Go to [www.lakecompounce.com](http://www.lakecompounce.com).

• Enter NYP's discount/Promotion Code, **201269500**, in the indicated box.

• Follow the instructions for cart check-out.

Print out your tickets and bring them with you the day of your visit. Printed tickets are accepted at the turnstiles, and there is no need to wait in ticket booth lines.



### ZIPCAR DISCOUNTS

Zipcar is offering a discount to NYP employees on hybrids, sedans and SUVs, available by the hour or the day. Employees pay a half-priced annual membership fee (only \$25) and no application fee and enjoy discounted hourly and daily weekday rates.

Employees pay a half-priced annual membership fee (only \$25) and no application fee and enjoy discounted hourly and daily weekday rates.

If you are a new member, fill out the online application at: [www.zipcar.com/nyp](http://www.zipcar.com/nyp).

If you are already a personal member, call (866) 494-7227 and ask to be added to the account. You can keep the same login information and Zipcard, and your discounts will be applied immediately.

# New York Magazine: NYP Has Most Top Doctors

For the 12th straight year, NYP has more physicians listed in *New York* magazine's prestigious "Best Doctors" annual survey than any other hospital.

The survey, published in the June issue of the magazine, listed 198 NYP physicians, representing 17 percent of the 1,160 doctors in metropolitan New York. For the complete "Best Doctors"

list, visit the magazine's website at [nymag.com/bestdoctors](http://nymag.com/bestdoctors).

The magazine issue also featured nearly a dozen profiles of 2012 medical college graduates representing Weill Cornell Medical College and Columbia University College of Physicians and Surgeons. Six Weill Cornell and five Columbia graduates were profiled about

their professional goals and aspirations.

Marianne Legato, MD, an internist, and Desiree Ratner, MD, a dermatologic surgeon, were among the top doctors who responded to health and wellness queries from the *New York* magazine's readers as part of the magazine's new feature, "Ask a Best Doctor." ■



Laura Vogel, 27, Orthopedic Surgery  
Columbia University College of Physicians and Surgeons



Nathan Osburn, 28, Urology  
Weill Cornell Medical College



Son McLaren, 28, Pediatrics  
Weill Cornell Medical College



Jason Corey Dukes, 29, Internal Medicine  
Columbia University College of Physicians and Surgeons



## NYP No. 1 Children's Hospital in New York Metro Area

NYP ranked in more pediatric specialties — including two in the top 10 — than any other hospital in metropolitan New York in *U.S. News and World Report's* annual Best Children's Hospital's rankings.

The Hospital ranked in nine of 10 specialties surveyed in the 2012-13 report. Cardiology and Heart Surgery as well as Diabetes and Endocrinology ranked among the top 10 nationally, while Gastroenterology, Neonatology, Neurology and Neurosurgery, Orthopedics and Pulmonology ranked among the top 20.

"Aside from the ranking, a region needs a great place where tough cases can go. We are able to do that for the public good in a great city," Dr. Corwin said to the *Daily News* on June 5.

This year *U.S. News* surveyed 178 pediatric centers to obtain data, such as availability of key resources and the ability to prevent complications and infections. The hospital survey made up 75 percent of the rankings. A separate reputational survey, for which 1,500 pediatric specialists — 150 in each specialty — were asked where they would send the sickest children in their specialty, made up the remaining 25 percent. ■

Here are NYP's specialty rankings:

- # 20 Cancer
- # 7 Cardiology and Heart Surgery
- # 10 Diabetes and Endocrinology
- # 18 Gastroenterology
- # 12 Neonatology
- # 34 Nephrology
- # 17 Neurology and Neurosurgery
- # 13 Orthopedics
- # 16 Pulmonology

In its story announcing the *U.S. News & World Report* rankings, the *Daily News* reported on the 11-hour surgery that saved the life of 5-year-old Gabrielle DiCarlo, who had a massive tumor in her abdomen. Shown with Gabby are her doctors (from left), Emile Bacha, MD; Tomoaki Kato, MD; and Darrell Yamashiro, MD.

