

PROGRAMS for FAMILIES

HELP IS AVAILABLE

Family PEACE Program

with young children



Helping Families in Conflict

Parents and young children are offered support that addresses their unique needs.



Both mothers and children need a safe place to deal with the impact of the fighting.

If you are interested in learning more about our services please contact us at 212-491-2325.



Mothers and their young children meet weekly with a supportive staff member to help them better understand their child and themselves as parents.

Parents are provided an opportunity to discuss their questions and concerns with child experts in a context that takes into account the child's developmental needs and family circumstances.

Intake Line 212-491-2325

Cynthia Arreola, MSW
Program Manager 212-491-2326
cya9006@nyp.org

Marina Catalozzi, MD
Program Director 212-305-9256
mc2840@columbia.edu

(212) 491-2325

Rangel Community Health Center
534 West 135th St
(between Broadway and Amsterdam)
New York, NY 10031

Services

When Children See Conflict At Home



Family PEACE Program offers services to children and teens 0-18yrs of age

Effects on Children

Effects on Mothers

New York Presbyterian Hospital's Family PEACE Program has **services for kids and their parents.**

FPP provides the following services to children 0-18yrs of age that have been exposed to domestic violence:

- Children 0-5yrs and their mothers receive Child-Parent Psychotherapy (CPP)
- Children 6-12yrs participate in the Kids' Club
- Teens 13-18yrs participate in a twelve week group
- Mothers participate in a Parenting Group that runs concurrently with the children's group



Fighting or conflict at home can affect children in a variety of ways:

Infants, Toddlers and Preschoolers

- Feeding or eating problems
- Difficulty sleeping
- Excessive crying or screaming
- Aggressive behavior
- Fear or anxiety
- Withdrawn, subdued, mute

School-aged children

- Fear or moodiness
- Problems at school
- Acting out
- Frequent headaches
- Upset stomach
- Fighting at school or at home

Mothers are also impacted by the violence at home:

- Headaches
- Depression
- Anxiety
- Sapped energy
- Exhausted or drained
- Difficulty taking care of children



- Hard time managing children's emotional & behavioral difficulties
- Struggle providing effective discipline
- Difficulty managing their own health needs
- Chronic pain