



Dr. Varinder Singh from NYP/CUMC is available to see patients at CORE as of November 18, 2010 at 87 Front St., Hamilton

The Bermuda Heart Foundation has developed a unique collaboration with Columbia University's Center for Interventional Vascular Therapy under the leadership of Dr. Jeffrey Moses, Director of Interventional Cardiology for NewYork-Presbyterian/Columbia University Medical Center (NYP/CUMC).

Dr. Singh, a cardiac specialist from NYP/CUMC will be able to review a patient's medical history and cardiac concerns, evaluate risk factors, and support the prevention programs at CORE by training CORE personnel. The patient will also be able to conduct or review any necessary tests like stress tests, ECG (Electrocardiogram) or Holter Monitoring. Dr. Singh will ensure results are communicated with his/her GP and other specialists to ensure continuity. If there are needs for further cardiac evaluation, the physician will be able to discuss appropriate treatment options. Patients that need treatments like catheterization or valve replacement can be seen in Bermuda treated in New York and follow-up provided back in Bermuda. Again, ensuring continuity of care as he will be on Island regularly.



Varinder P. Singh, MD, is an Assistant Professor of Clinical Medicine, Division of Cardiology at Columbia University College of Physicians and Surgeons, Director, Coronary Interventions and Catheterization Laboratory Operations and prominent interventional cardiologist at NYP/CUMC.

Dr. Singh received his Bachelor of Arts degree at Franklin and Marshall College in Lancaster, Pennsylvania, and medical degree at Meharry Medical College in Nashville, Tennessee. Dr. Singh's area of expertise is in the diagnosis and treatment of patients with cardiac disease. Dr. Singh has a special interest in the treatment of cardiac disease through a less invasive approach to coronary intervention, including the novel radial artery approach.



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Bermuda Heart Foundation to Found the First Dedicated Cardiac Prevention and Rehabilitation Center in Bermuda

The Bermuda Heart Foundation (BHF) is establishing the first dedicated cardiac prevention and rehabilitation center in Bermuda. The Center for Cardiac Outreach, Renewal, and Education, or CORE, will be located in Hamilton and will offer recognized cardiac prevention programs through outreach, education, and exercise. In addition, it will provide cardiac rehabilitation and access to cardiac specialists through a unique collaboration with Columbia University's Center for Interventional Vascular Therapy under the leadership of Dr. Jeffrey Moses, Director of Interventional Cardiology for Columbia University Medical Center. Columbia University through its Center for Interventional and Vascular Therapy will enhance access to needed cardiac physician expertise in Bermuda.

About The Bermuda Heart Foundation and CORE

The BHF has been a pioneer and leader in Heart Health advocacy on the Island with the goal of reducing the number of heart related deaths in Bermuda by 25% within the next three years. The success of the BHF to date has focused on raising heart health awareness in partnership with the corporate community, charitable organizations and government agencies in Bermuda. BHF's collaboration with ColumbiaDoctors, the largest multi-specialty group on the United States' East Coast, and its affiliated NewYork-Presbyterian Hospital will aim at increasing education and awareness of the programs offered by the Foundation. This will include state of the art "best practices" in cardiac prevention services as well as informing patients of the treatment options available to them as necessary. CORE expects to make a tangible difference in this process and in the improvement of heart health in communities throughout the island.

Simone Barton, Executive Director of the BHF, recognized that a strong collaboration with an internationally recognized academic medical center along with leading experts in cardiac disease prevention and treatment would maximize the Foundation's chances of success as well as further the BHF's mission to educate Bermudians to help reduce their incidence of heart disease and help them lead active, healthier lives. As part of her ongoing research, Ms. Barton was introduced to Dr. Lori Mosca and was impressed by Dr. Mosca's practical approach to the prevention of heart disease. Dr. Mosca is Professor of Medicine at Columbia University Medical

Center and Director of Preventive Cardiology at New York Presbyterian Hospital (NYP/CUMC) in New York City. For close to a year, the BHF and ColumbiaDoctors have worked collaboratively to develop a program that will provide access to leading heart disease prevention programs through CORE in Bermuda. At the same time, ColumbiaDoctors' leading experts in cardiac care and rehabilitation will travel to Bermuda on a regular basis to provide consultations, second opinions and offer access to treatment options for Bermudians who are suffering from cardiac disease.

Through these visits the BHF and CORE will further the success of CORE's services and provide access to clinical consultation services. Specialists from ColumbiaDoctors will be able to review a patient's medical history and cardiac concerns, evaluate risk factors, and support the prevention programs at CORE by training CORE personnel. The patient will also be able to conduct or review any necessary tests like stress tests or echocardiograms and communicate results with his/her GP in order to ensure continuity of care. If there are needs for further cardiac evaluation or if a patient already suffers from cardiac disease, the physician will be able to discuss appropriate treatment options. Since a physician will be on Island regularly, patients can continue to follow-up with the same specialists as needed.

To that end, Dr. Varinder Singh, the Director of Cardiac Interventions at the Center for Interventional Vascular Therapy has become a fully licensed cardiologist in Bermuda and will be the lead physician for the team of cardiologists that will initially rotate to provide coverage at CORE as the programs develop. The BHF and its CORE program anticipate that demand will increase as the awareness of the program grows in Bermuda. New York - Presbyterian Hospital is expected to work with ColumbiaDoctors and the BFH to provide additional resources as may be required.

About Columbia University Medical Center

Columbia University Medical Center provides international leadership in basic, pre-clinical and clinical research, in medical and health sciences education, and in patient care. The medical center trains future leaders and includes the dedicated work of many physicians, scientists, public health professionals, dentists, and nurses at the College of Physicians and Surgeons, the Mailman School of Public Health, the College of Dental Medicine, the School of Nursing, the biomedical departments of the Graduate School of Arts and Sciences, and allied research centers and institutions. Established in 1767, Columbia's College of Physicians and Surgeons was the first institution in the United States to grant the M.D. degree and is now among the most selective medical schools in the U.S. ColumbiaDoctors, the largest multi-specialty practice in the East Coast of the United States, is recognized worldwide for its leaders in academic medicine and known for the provision of excellent, innovative medical care. ColumbiaDoctors is comprised of more than 1,200 accomplished, highly respected physicians. As faculty of Columbia University Medical Center, these specialists bring expertise in leading-edge research to the practice of medicine. For more information on ColumbiaDoctors, please visit www.columbiadoctors.org.

Columbia University Medical Center is home to the most comprehensive medical research enterprise in New York City and State and one of the largest in the United States. Columbia University Medical Center is affiliated with NewYork-Presbyterian Hospital, the nation's largest

not-for-profit, non-sectarian hospital provider. For more information, please visit www.cumc.columbia.edu.

About NewYork-Presbyterian Hospital

NewYork-Presbyterian Hospital, based in New York City, is the United States' largest not-for-profit, non-sectarian hospital, with approximately 2,350 beds. The Hospital has nearly 2 million inpatient and outpatient visits in a year, including more than 220,000 visits to its emergency departments — more than any other area hospital. NewYork-Presbyterian provides state-of-the-art inpatient, ambulatory and preventive care in all areas of medicine at five major centers: NewYork-Presbyterian Hospital/Weill Cornell Medical Center, NewYork-Presbyterian Hospital/Columbia University Medical Center, NewYork-Presbyterian/Morgan Stanley Children's Hospital, NewYork-Presbyterian/The Allen Hospital and NewYork-Presbyterian Hospital/Westchester Division. One of the most comprehensive health care institutions in the world, the Hospital is committed to excellence in patient care, research, education and community service. NewYork-Presbyterian is the #1 hospital in the New York metropolitan area and is consistently ranked among the best academic medical institutions in the nation, according to U.S. News Media Group's Best Hospitals. The Hospital has academic affiliations with two of the nation's leading medical colleges: Weill Cornell Medical College and Columbia University College of Physicians and Surgeons. For more information on NewYork-Presbyterian Hospital, please visit www.nyp.org.



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