

## My Medications

## Keep track of all medications you are prescribed while in the hospital.

When you get home add all other medications—including over-the-counter, vitamins and herbs—to this list. Update your list as needed.

(include brand and g	
	times per day at (circle all that apply): 12–1 a.m. / 2–3 a.m. / 4–5 a.m. / 6–7 a.m.
	11 a.m./12—1 p.m./2—3 p.m./4—5 p.m./6—7 p.m./8—9 p.m./10—11 p.m.
_	:
· · · · · · · · · · · · · · · · · · ·	Date started:
•	nd number://
Medication:	
(include brand and g	eneric names)
Dose: Take	times per day at (circle all that apply): 12–1 a.m. / 2–3 a.m. / 4–5 a.m. / 6–7 a.m.
8-9 a.m. / 10-1	11 a.m. / 12—1 p.m. / 2—3 p.m. / 4—5 p.m. / 6—7 p.m. / 8—9 p.m. / 10—11 p.m.
Reason for taking	:
Prescribed by:	Date started:
•	and number://
(include brand and g	eneric names)
Dose: Take	times per day at (circle all that apply): 12–1 a.m. / 2–3 a.m. / 4–5 a.m. / 6–7 a.m
8-9 a.m. / 10-1	11 a.m. / 12–1 p.m. / 2–3 p.m. / 4–5 p.m. / 6–7 p.m. / 8–9 p.m. / 10–11 p.m.
Reason for taking	:
	Date started:
Pharmacy name a	and number:/
(include brand and g	eneric names)
Dose: Take	times per day at (circle all that apply): 12–1 a.m. / 2–3 a.m. / 4–5 a.m. / 6–7 a.m
8-9 a.m. / 10-1	11 a.m. / 12—1 p.m. / 2—3 p.m. / 4—5 p.m. / 6—7 p.m. / 8—9 p.m. / 10—11 p.m.
Reason for taking	:
Prescribed by:	Date started:
Pharmacy name a	nd number:/